



# Goodwin Village

## Newsletter

### June / July 2024

## CARE MANAGER REPORT

Welcome to winter with no rain in sight. We're still having some sunshine to make us feel ok. The coughs, colds and flus are hitting hard this winter. We have had some staff wearing masks intermittently to keep all the residents cold free. It is greatly appreciated the staff do this for the residents' protection. All residents and many staff have had the flu injection given by Dr. Oleg. The take up of this offer is always very good.

We are excited to welcome back personal carer Mon Humphrey (Livingston) from maternity leave and Tiff Talty has returned to our domestic team. Angelica Hisola has also joined the domestic team and Rachael Chalinor has come on board as a personal carer. We wish them all the best.

All residents will have been advised of My Medicare. This is the new subsidy that GPs can access if they visit Residential Aged Care Facilities. Each resident will nominate their GP, which is usually Dr. Oleg. This will be on the form the clinic has provided for us to get signed. Once this form is accepted by My Medicare, each time a resident is seen at a hospital or by another doctor, the information from the visit will be sent to Dr. Oleg. This will assist Dr. Oleg regarding issues someone may have had whilst on leave or off for any period. This is no cost to residents.

The Royal Flying Doctor optometrist will be making a visit to us in July. However, there are only 9 appointments available. Stephanie from the RFDS was hoping to have more appointments available too. We will have to prioritise this list. Not ideal but necessary.

Audiologist Campbell will be attending in June but again with limited appointments available. Again, priority will need to occur.

Dietician Caroline Wydro from Plena Health made a visit last month. Caroline saw 8 residents who had weight loss concerns and reviewed our Autumn menu. Caroline has given us several ideas on how to improve our nutrition and hydration provisions. We will be working hard on this over the next two months. We know we have good food, but she wants us to have even more nutritious food. Medication reviews have been very much on our agenda over the last few months. The Geriatricians through Geri-connect and Lai Yap the external pharmacist have been completing thorough reviews on most residents' medications to make sure they have the appropriate medications for their best health outcomes. Dr. Oleg is then able to make changes with the recommendations and continue to prescribe.

Goodwin Village prides itself on accessing as many different health services as we can to provide professional input to the health and wellbeing of residents.

"A healthy life is a happy life"



# **BOARD NEWS**

**COVID-19** – Everyone keep doing what you are doing. Be cautious with any COVID-19 symptoms. Test and wear a mask in those circumstances. What you have been doing has worked well, so continue with it.

**RESIDENTIAL CARE** - The residential care facility is currently fully occupied, there is some availability for respite in June.

**24 HOURS 7 DAYS A WEEK REGISTERED NURSING** – With Anu leaving our Registered Nurse coverage has remained at around 80 per cent for April 2024. We are still advertising for RNs and looking to build the percentage and eventually get to the 100 per cent?

**NURSING & CARE POSITIONS AVAILABLE** - We are always looking for staff. Our focus is trying to appoint some more RNs. We would like to find some more Registered Nurses to take a team leadership role on the 'floor'. As a few of our care staff have indicated they are approaching retirement, we are also looking for more personal carers.

**POLICIES & PROCEDURES** - The way Goodwin Village operates is governed by policies and procedures often in response to government rules and legislation. If any residents or their families are wanting to view any of these policies and procedures at any time, they are welcome.

**RESIDENT ADVISORY BODY** – The Government requires that we have a Resident Advisory body in place made up of residential care residents, so they have input into decisions that affect them. This Body has had several meetings and is meeting each month and providing reports to other meetings including the Board.

**ENTERPRISE AGREEMENTS** - Our Enterprise Agreement negotiations are continuing. We were hoping to have the Agreement voted on by the end of April but unfortunately the Victorian State negotiations with the AMNF have slowed progress on our Agreement down.

**NEW RETIREMENT UNITS** – The Goodwin Village Board has resolved to build 2 new retirement units. We are currently waiting for the required permits, and construction should commence mid-year.

**GOODWIN VILLAGE WEBSITE** [www.goodwinagedcare.org.au](http://www.goodwinagedcare.org.au) We are also on Facebook

## **GOODWIN VILLAGE**

### **COMMUNITY CARE**

- Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.
- Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.
- Goodwin Village can travel to other towns to provide services if required.
- 'Fee for service' available for people paying themselves.

## **GOODWIN VILLAGE**

### **NEW RETIREMENT UNIT building in 2024. Approximate Ingoing Contribution to be \$390,000**

Goodwin Village has a range of retirement units and there will be a new one built in 2024. Features of this Units will include:

- 105 square metre unit
- Plus 45 square metre 2 x car lock up garage
- Living area facing north
- No steps in the Unit
- Split system air conditioning in living & master bedroom
- Ensuite to master bedroom.
- Concrete path all the way around the Unit.
- All maintenance of grounds provided
- Waiting list priority into residential care, and new residential wing if required

# ACTIVITIES

We have enjoyed our car drives around the town to see the beautiful autumn trees and the leaves changing colours these last couple of months. Now to rug up and keep warm over the next few months whilst we still enjoy getting out and about with our popular car drives.

Residents had scrumptious homemade scones straight out of the oven with jam and cream for a special morning tea celebrating Mother's Day.

Shane Sullivan had residents interested in his story of "This is your Life", we were also lucky enough to have Hunter Wingfield (one of our junior staff members) tell us about what he has been up to, particularly with his bowls. Each month or two we have a staff member attend a morning session to talk about their life story. This gets residents to know a bit more about their carers.

At the end of May we held the Biggest Morning Tea with residents and staff. They all devoured a beautiful array of cakes and slices which were bought from the Donald Bakery.

Our monthly bus trip in April we went to Rupanyup Woods Farming and Heritage Museum. This was very interesting for all that went. From gorgeous wedding dresses and ball gowns to machinery to household and farming memorabilia. Everyone thought it was very interesting and we would need to come back again in the future. The bus trip in May had to be cancelled so we took residents by car to the Wood St Cafe to have afternoon tea. They reminisced about the shops in the main street and what they used to be.

We love having family, friends and community visiting us in activities, please feel free to come and join in with singing or even just reading the paper with some of the residents.

This season we have 28 residents participating in footy tipping which is a fantastic effort. So far, the women are dominating the leaderboard.

Coral Hicks is currently leading with Dina Johnstone very close behind. These 2 ladies have been juggling top position over the last few weeks and Coral thinks her beloved 'Blues' are keeping her in the lead. Other residents tipping well are Jean Bibby and Judith Leith. Two men, Don Broughton and Steve Currie are starting to hit their strides, finally. A comment from some of the male residents is that this year has been the hardest so far to tip the winners – perhaps they need some womanly advice 😊

In the staff tipping, we have 4pts separating the leader and 12<sup>th</sup> spot – very even contest so far this season. The leaderboard is Mandy Rogers & Jodie Nash on 72 (Jodie is certainly surprising herself), Lynne & Brian Walsh both on 71 (do they compare tips, I wonder) & Jodie Westerland on 70. It makes for a very interesting 2<sup>nd</sup> half of the season and this scribe looks forward to climbing the ladder and playing more of the black & white song...

[Keep up to date with some of our activities by following our Goodwin Village Facebook page.](#)

**Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms, and these are available at reception.**

**Feedback and complaints help us to keep improving and resolve issues for everyone.**



Enjoying the beautiful Autumn weather with an outing to Woods St Cafe



Mick keeping the gardens in great shape



Volunteer Annette & Shirley at singing



Easter Bunny handing out chocolates to Mary

## **\*\*\* UPCOMING EVENTS \*\*\***

### **JUNE**

Monday 3<sup>rd</sup> – Residents Meeting 10am  
Thursday 6<sup>th</sup> – Donald Kinder visiting 10am  
Thursday 6<sup>th</sup> – Bus Trip 2pm  
Friday 7<sup>th</sup> – Anglican Church 2pm  
Monday 10<sup>th</sup> – King's Birthday P/Hol  
Friday 14<sup>th</sup> – Village Singers 2pm  
Wednesday 19<sup>th</sup> – Uniting Church Service 2pm  
Thursday 20<sup>th</sup> – BBQ day  
Thursday 20<sup>th</sup> – Catholic Mass 2pm  
Tuesday 25<sup>th</sup> – Bev Gilmour & Singers 10.30am

### **JULY**

Friday 5<sup>th</sup> – Anglican Church Service 2pm  
Monday 8<sup>th</sup> – Resident Meeting 10.30am  
Friday 12<sup>th</sup> – Village Singers 2pm  
Monday 8<sup>th</sup> – Resident Meeting 10.30am  
Wednesday 17<sup>th</sup> – Uniting Church Service 2pm  
Thursday 18<sup>th</sup> – BBQ Day  
Thursday 18<sup>th</sup> – Catholic Mass 2pm  
Tuesday 23<sup>rd</sup> – Bev Gilmour & Singers 10.30am

## **Birthdays**

### **JUNE**

20<sup>th</sup> – Allan Gardy  
25<sup>th</sup> – Hazel Clark

### **JULY**

14<sup>th</sup> – Joan Beckham  
25<sup>th</sup> – Mary Paynter

***Happy Birthday to you all!***



## Resident Profile

Name: Gerald Hazewinkle

Where were you born? Carlton Women's Hospital

Did you have a nickname when you were young? Cherry - by the other kids at school

First job? At 14 started working at an electrical store in Melbourne

What were you best at in school? The orphanage couldn't afford to keep me in school so was kicked out at 14 years old

What things did you and your best friend love to do? Repairing vintage tractors

What chore did you absolutely hate when you were younger? School work

What was the most embarrassing thing that has happened to you?

I can't remember for a reason 😊

If you could have lunch with one person, who would it be? Don Broughton

Favourite Meal: Chicken of any kind

Favourite Dessert: Ice-Cream

Favourite drink: Beer

Favourite Flower/Plant: Tomato

Favourite Singer: Johnny O'Keefe

Favourite Colour: Tan

Favourite Book: Newspaper



Families & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by families and visitors. 🙌



## Staff Profile

Name: Tracey Pearse

Where were you born? Donald

Did you have a nickname when you were younger? Heppy

First job? Coffee Lounge in Woods Street

What were you best at in school? Cooking

When and where did you get married? 1980 - Uniting Church

Donald

What did you and your best friend love to do together?

Sleepovers

What chore did you hate when you were young? Collecting Eggs

What is the most embarrassing thing that has happened to you?

The neck strap on my bathers broke

If you could have lunch with one person, who would it be? My

Mum

Favourite meal: Chicken Kiev

Favourite dessert: Golden Syrup Dumplings

Favourite drink: White Tea

Favourite colour: Blue

Favourite Singer: Neil Diamond

Favourite flower: Lily

Favourite book: Cookbook

### INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents, and their representatives.



## MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence, and well-being.

Goodwin Village is committed to providing a safe and respectful environment.

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

## VALUES STATEMENT

### *Goodwin Village values:*

- Choice – we encourage and promote individual choice and independence.
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.