



Goodwin Village

Newsletter

October / November 2023

CARE MANAGER REPORT

Spring has sprung. The Gardens are flourishing with color and the lawns are keeping the boys very busy on the whipper snipper and lawn mowers. This week the garden cart outside Sunset Lounge has had the bulbs removed and the Petunias planted. With the assistance of Cheryl and Eliza, residents Lesley, Joan and Marion were able to get this planting ready for the Christmas blooms.

There has been an increase in staffing during the morning and afternoon shifts. With the increased staffing we have been able to run more one on one programs for the residents. We continue to have the group programs very capably managed by Trish and Jodie. Carlee, Jeanette and Shane are others regularly involved in the action in Riverside Lounge. The sunshine has increased our ability to get everyone outdoors. You will all see the increased presence of staff and residents wandering our vast gardens.

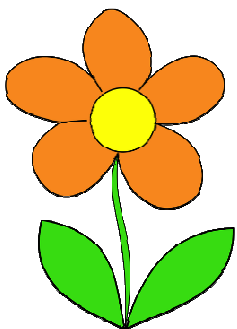
The Covid masks have been doffed and the staff are once again able to show their smiley faces. The residents are enjoying the increased interaction with facial expression. We all missed this so much. Staff and visitors are still required to sign the declaration on entering the building and testing each 3rd day. This is a small ask to ensure our ongoing safety against Covid infections.

Anand our new physiotherapist has been busy completing assessments and setting exercise programs for those in need. 7 days a week in the afternoon a staff member assists residents to carry out their exercises.

We welcome Shirley Rielly who has moved in and is settling into her new home. We have had the pleasure of the company of Connie Russell from Warracknabeal and Sylvia Torney from St Arnaud recently spend some time with us on respite. Judy Tuder is also with us at present joining in the fun at Goodwin Village. It is with sadness Margaret Burchell passed away this month. Margaret had been a long time Village resident living in the units and then moving into residential care for the last few years. Our condolences to her amazingly supportive family during this tough time.

Staff changes continue to occur. Josie Brigden (21 years) & Carol Monish (13 years) have both retired. These 2 staff members shared a huge commitment to Goodwin Village both whilst being paid and voluntary. Thanks girls and enjoy life and new adventures.

A welcome to our new staff members George Rejo & Glen Sumahit and we hope they have as much fun as the current staff.



Lynne Walsh
Care Manager

BOARD NEWS

COVID-19

Thanks to everyone for complying with our ongoing protocols. Visitors testing each visit or 3 times a week if visiting more regularly. We are not wearing face masks unless there is an identified COVID risk from in staff or community transmission.

RESIDENTIAL CARE

The residential care facility is currently fully occupied but the respite bed is available and has some availability in the coming months.

PHYSIOTHERAPY & OCCUPATIONAL THERAPY SERVICES

Anand Kumar has commenced providing Physiotherapy Services and Laren Thompson has commenced providing Occupational Therapy Services to our residential care facility.

24 HOURS 7 DAYS A WEEK REGISTERED NURSING

The Government's mandated 24/7 Registered Nursing present in residential aged care facilities commenced on 1st July 2023. We have not complied with the requirement and are unlikely to in the foreseeable future. We have access to a Registered Nurse 24/7 with our 'on call' arrangement, that has been in place for over 15 years. We believe this more than adequately meets our residents care needs. Our number of beds is too high to be able to get a formal exemption from the requirement. If residents/families are concerned about our Registered Nursing presence and its impact on care, please contact the CEO of Goodwin Village to discuss the matter.

NEW ROAD IN RICHARDSON HEIGHTS

Mintern Civil has completed the new road in Richardson Heights, and the repair and widening of the kitchen service road.

NURSING & CARE POSITIONS AVAILABLE

We are always looking for staff. Our focus is trying to appoint some more nurses. We would like to find some more Registered and Enrolled Nurses to take a team leadership role on the 'floor'. As a few of our care staff have indicated they are approaching retirement, we are also looking for personal carers.

POLICIES & PROCEDURES

The way Goodwin Village operates is governed by policies and procedures often in response to government rules and legislation. If any residents or their families are wanting to view any of these policies and procedures at any time, they are welcome.

<p style="text-align: center;">GOODWIN VILLAGE</p> <p style="text-align: center;">COMMUNITY CARE</p> <ul style="list-style-type: none">• Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.• Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.• Goodwin Village can travel to other towns to provide services if required.• 'Fee for service' available for people paying themselves.	<p style="text-align: center;">GOODWIN VILLAGE</p> <p style="text-align: center;">RETIREMENT UNIT 27 is available. Ingoing \$140,000</p> <p>Goodwin Village has a range of retirement Units and Unit 27 is currently available. Features of all Units are....</p> <ul style="list-style-type: none">• A financial deal to suit everyone.• No maintenance or garden worries anymore.• Priority on waiting list for Goodwin Village residential aged care at end of Unit occupancy.• Financial details of units available on request. <p>The Village maintains a 'no obligation' waiting list for anyone interested in Units generally, or a particular Unit. The waiting list gives a person 'first offer' on the unit when it eventually becomes vacant.</p> <p>The Village is always looking to build more new units to meet demand. If people are looking for a new retirement unit, they are welcome to make an inquiry.</p>
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ACTIVITIES

Spring is here and we are loving the gardens blossoming, especially when we go on our popular car drives around town and walks around the village and the units.

The St Mary's school children dressed up for book week and came to visit us. The students and teachers looked wonderful in their outfits. The children read books to the residents & presented them with cards & paper flowers that they had made. The residents loved seeing the children & asking them questions.

Our bus trip to Birchip Bakery was very successful. With Mick driving the bus, we drove around the Watchem Lake & Tchum Lake, viewed the variety of crops in sight & once in Birchip looked at the tourist attractions. Everyone enjoyed a cuppa & something yummy to eat especially the award-winning vanilla slice. They are now looking forward to their next bus trip.

We had Paul Clark come and play the piano and ukulele to the residents. He was originally from WA and travels around Australia entertaining Aged Care Facilities. He sang a variety of artists songs including Aussie songs, Cat Stevens, Peter Allen, Willie Nelson, Elvis Presley, Johnny Cash, Doris Day to name a few. He even sang 4 AFL theme songs on request. All residents joined in the singing and commented afterwards how good and entertaining he was. Paul communicated with the residents really well and we are looking forward to seeing him again in December.

This year we had 24 residents participating in our footy tipping which was a wonderful effort. We had a couple of residents pick 9 out of a possible 9 tips throughout the season, Bob Baker twice and Coral Hicks once, Well Done! 2 residents were also lucky to have tipped 0 winners for the week, Hayden Jones & Val Brooks, they were very proud losers for those weeks.

Bob Baker led for 16 consecutive weeks, remarkable effort, however he was pipped in the last round of footy by Don Broughton who was our overall winner. Don claimed back-to-back wins. Our leader board was as follows –

Don Broughton	133
Bob Baker	132
Coral Hicks	130
Steve Currie	128
Greg Werner & Gerry Hazewinkle	121
Marj Cameron	120

Special mention to Hadyn Jones who was our prestigious wooden spoon winner. A title to be proud of.

Staff tipping has been very close right through the season. The last few rounds tested the staff's tipping skills with tactics at play. We had 3 winners who all tipped 142 for the season. Di Jackson, Michelle Donnellon & Anthony Hogan. Close behind on 141 was Trish Anderson, Jodie Westerland & Shane Sullivan coming 3rd on 140. As you can see, it was anyone's race until the end of round 24. Amanda Milne was our 'back-to-back' wooden spoon winner, a fine achievement 2 years running. Thank you to all the residents for a fun season, lots of serious decisions were made, some good and some not so good. I did note, those that picked Collingwood, had a more successful season than others. HAHA

[Keep up to date with some of our activities by following our Goodwin Village Facebook page.](#)

Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.



Joyce with granddaughter Marnie & St Mary's student Emma



Rosalie reading with St Mary students Willow & Anna



Don enjoying the book week visit with St Mary students



Hilda & Brian on Hilda's 102nd Birthday



Enjoying afternoon tea at the Birchip Bakery



Unit residents doing an exercise class with Mandy Wells

***** UPCOMING EVENTS *****

OCTOBER

- Friday 6th – Anglican Church Service 10am
Monday 9th – Residents Meeting 10am
Friday 13th – Village Singers 2pm
Wednesday 18th – Uniting Church Service at 2pm
Thursday 19th – BBQ day
Thursday 19th – Catholic Mass 2pm
Tuesday 24th – Bev & Singers 10.30am

NOVEMBER

- Friday 3rd – Anglican Church Service 2pm
Tuesday 7th – Melbourne Cup Day
Friday 10th – Village Singers 2pm
Monday 13th – Resident Meeting 10.30am
Wednesday 15th – Uniting Church Service 2pm
Thursday 16th – BBQ day
Thursday 16th – Catholic Mass 2pm
Tuesday 28th – Bev Gilmour & Singers 10.30am

Birthdays



OCTOBER

- 4th – Edna Dixon
13th – Don Broughton
20th – Jan Jones
22nd – Shirley McRae

NOVEMBER

- 15th – Greg Werner
17th – Minnie Van Boven
18th – Peter Gherardi
19th – Joyce Harmer

Happy Birthday to you all!



Resident Profile

Name: Lorna Hurst

Where were you born? Donald Hospital (although it wasn't called that back then)

Did you have a nickname when you were young? 'Dunny' - short for Dunstan

First job? Working at Solicitors office - Oakley & Thompson

What were you best at in school? Maths & English

Where and when were you married? 1947 at Methodist Church in Donald

What things did you and your best friend love to do? Ballroom dancing, music (piano) & Bowls later in life

What chore did you absolutely hate when you were younger? Cooking

If you could have lunch with one person, who would it be? My husband - David Hurst

Favourite Meal: Cold Chicken

Favourite Dessert: Lemon Delicious

Favourite drink: White Wine

Favourite Flower: Violet

Favourite Singer: Petrov - sings 'Don't cry for me Argentina'

Favourite Colour: Light Mauve

Favourite Book: Fact books, not fiction - none in particular



Families & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by families and visitors. 🙌



Staff Profile

Name: Jodie Westerland

Where were you born? Donald Hospital

Did you have a nickname when you were younger? Hollie

First job? Country Roads Takeaway

What were you best at in school? Spelling & Hurdles

What did you and your best friend love to do together? Horse-riding

Where and when were you married? 1985 at the Donald Uniting Church

What chore did you hate when you were young? Dusting

What is the most embarrassing thing that has happened to you?

Falling off the train at the station platform

If you could have lunch with one person, who would it be? The Barefoot Investor to tell me how to make money!!

Favourite meal: Lemongrass Chicken

Favourite dessert: Lemon Meringue Pie

Favourite drink: Sauvignon Blanc Wine

Favourite colour: Pink

Favourite Singer: P!NK

Favourite flower: Lily

Favourite book: I don't have time to read but when I did, I read Jodi Picoult books

INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents and their representatives.



MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being.

Goodwin Village is committed to providing a safe and respectful environment.

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice – we encourage and promote individual choice and independence.
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.