



# Goodwin Village

## Newsletter

### August / September 2023

## CARE MANAGER REPORT

The winter cold is still with us. Many of the lucky ones have had some escape to warmer holiday destinations. The others like me have rugged up and staying warm the best way we can. Staffing is continually changing at Goodwin Village. This is due to many reasons such as lifestyle change, Visa rules, family commitments, change in role. This month we have seen the moving on in Registered Nurses Paula Noble and Steffy John and OT Ros George. Due to the loss of these two registered nurses, we have needed to schedule increased hours in care planning roles for Cheryl Biggin, Cathy Potter and Liji Rejo. We have then welcomed Melissa Bridgman to the Domestic staff, Chloe Livingston and Luke Slater to Personal Carer roles. Welcome aboard to these staff members.

The education staff have undertaken in this last 2 months has been assessing a change in residents' condition, clinical competencies, pressure injury prevention and consumer communication.

Allied Health have increased their visits recently with our newly appointed Dietician Caroline Wydro from Plena Health and Physiotherapist Anand Kumar who has his own physiotherapy business. The Geriatrician services have seen 8 clients via telehealth and the Optometry services 17 clients.

We were saddened by the passing of Joy Newell who has been a long time Village resident and friend. Joy resided in one of the units and then moved into residential care for the last year. Gus Edwards was also a regular respite visitor who passed away. Our condolences to both these families. A welcome to new permanent and respite residents Elvie Perry, Lesley Webb, Kath Laffin, Gerry Madder and Peter Gherardi.



Lynne Walsh  
Care Manager

**WINTER is HERE!** at  
**The Clothes Bin**  
We have . . .

Lace-up, Comfort,  
Leather Shoes  
**\$69.95**

**BONDS** Cottontails  
Bamboo Briefs

**Humphrey Law**  
Wool Blend Health  
SOX (no more cold feet)

**Heat Holder Sox**  
(the warmest socks  
in the world)

**SLADE** Nice range  
of Skivvies

Nighties, PJs and  
Dressing Gowns

**Warm Winter  
Knitwear**

**The Clothes Bin**  
50 WOODS ST, DONALD  
Ph. 5497 1827

# **BOARD NEWS**

## **COVID-19**

Thanks to everyone for complying with our ongoing protocols. Visitors testing each visit or every 72 hours if visiting more regularly. Face masks worn in residential care.

## **RESIDENTIAL CARE**

The residential care facility is currently fully occupied but the respite bed is available and has plenty of availability in the coming months.

## **PHYSIOTHERAPY SERVICES**

Anand Kumar commenced providing Physiotherapy Services in the residential care facility at Goodwin Village in July 2023.

## **24 HOURS 7 DAYS A WEEK REGISTERED NURSING**

The Government's mandated 24/7 Registered Nursing present in residential aged care facilities commenced on 1<sup>st</sup> July 2023. We will not comply with this requirement and are unlikely to in the foreseeable future. We have access to a Registered Nurse 24/7 with our 'on call' arrangement, that has been in place for over 15 years. We believe this more than adequately meets our residents care needs. Our number of beds is too high to be able to get a formal exemption from the requirement. If residents/families are concerned about our Registered Nursing presence and its impact on care, please contact the CEO of Goodwin Village to discuss the matter.

## **NEW ROAD IN RICHARDSON HEIGHTS**

Mintern Civil is likely to commence the new road in Richardson Heights in August. The work on the kitchen service road is likely to commence after that, and both areas will be sealed at a similar time.

## **NURSING & CARE POSITIONS AVAILABLE**

We are always looking for staff. Our focus is trying to appoint some more nurses. We would like to find some more Registered and Enrolled Nurses to take a team leadership role on the 'floor'. As a few of our care staff have indicated they are approaching retirement, we are also looking for personal carers.

## **POLICIES & PROCEDURES**

The way Goodwin Village operates is governed by policies and procedures often in response to government rules and legislation. If any residents or their families are wanting to view any of these policies and procedures at any time, they are welcome.

<p style="text-align: center;"><b>GOODWIN VILLAGE</b></p> <p style="text-align: center;"><b>COMMUNITY CARE</b></p> <ul style="list-style-type: none"><li>• Supporting people in their own homes – personal care, house cleaning, gardening &amp; home maintenance, respite &amp; shopping.</li><li>• Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.</li><li>• Goodwin Village can travel to other towns to provide services if required.</li><li>• 'Fee for service' available for people paying themselves.</li></ul>	<p style="text-align: center;"><b>GOODWIN VILLAGE</b></p> <p style="text-align: center;"><b>RETIREMENT UNIT 27</b> <b>is available. Ingoing \$140,000</b></p> <p>Goodwin Village has a range of retirement Units and Unit 27 is currently available. Features of all Units are....</p> <ul style="list-style-type: none"><li>• A financial deal to suit everyone.</li><li>• No maintenance or garden worries anymore.</li><li>• Priority on waiting list for Goodwin Village residential aged care at end of Unit occupancy.</li><li>• Financial details of units available on request.</li></ul> <p>The Village maintains a 'no obligation' waiting list for anyone interested in Units generally, or a particular Unit. The waiting list gives a person 'first offer' on the unit when it eventually becomes vacant.</p> <p>The Village is always looking to build more new units to meet demand. If people are looking for a new retirement unit, they are welcome to make an inquiry.</p>
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## ACTIVITIES

While it is cold outside, we are keeping warm indoors and keeping busy with our varied activities program.

We have had a 'Picasso' painting morning. The residents were given a blank canvas board to design their own modern-day artwork. The paintings look amazing and are on display in the dining room for all to admire.

A volunteers morning tea was held with Bev Gilmour playing piano and a room full of singers. Kath Campbell thanked all our wonderful volunteers for their time spent at Goodwin Village and we know just how much it brightens our resident's day.

The Donald Active Playgroup & Daycare children came to visit us. They interacted with the residents by playing with playdough, musical instruments and singing songs. One of the Mums read aloud a few stories. The smiles on the faces said it all. They loved seeing the little toddlers running around and just their presence was enough to make it a wonderful morning for all.

On National Pink Day staff told the story, its history and tradition. The activity room was decorated in pink, the food was pink & staff & residents were dressed in pink. One of our residents, Coral Hicks spoke of her own experience, about Breast Cancer Awareness and the time she went to the MCG on pink day.

We celebrated Christmas in July in Riverside lounge. The morning started with singing Xmas carols with Bev on the piano. Followed by a 3 course lunch, which the residents thoroughly enjoyed with the special Xmas atmosphere.

The footy tipping continues to be a great point of conversation. After round 20 Bob Baker is still leading on 111, closely followed by Steve Currie on 109 (a loyal Magpie follower). Don Broughton has started his run home and is on 108. Our ladies Coral Hicks & Marj Cameron are also doing well, both on 104.

Staff Tipping is a very close contest. Our office girl Di Jackson leading on 118 with Anthony Hogan right up behind her on 117. Shane Sullivan, Carol Monish, Trish Anderson & Michelle Donnellon are only trailing by one, on 116. So the next few weeks will be very interesting and some serious picking will be on the cards by all of our keen tipsters.

GO PIES 😊

[Keep up to date with some of our activities by following our Goodwin Village Facebook page.](#)

**Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.**

**Feedback and complaints help us to keep improving and resolve issues for everyone.**



Elvie enjoying scones on 'Pink Day'



Dina, Val, Mary, Marg B on their final day of 'Active Ageing'



Marg D & Pat chatting with children from Donald playgroup



Marj C concentrating on croquet



Residents enjoying each other's company during the 'Pink Day' morning tea

## **\*\*\* UPCOMING EVENTS \*\*\***

### **AUGUST**

Friday 4th – Anglican Church Service 10am  
Monday 7<sup>th</sup> – Aged Care Employee Day  
Friday 11<sup>th</sup> – Village Singers 2pm  
Monday 14<sup>th</sup> – Residents Meeting 10am  
Wednesday 16<sup>th</sup> – Uniting Church Service at 2pm  
Thursday 17<sup>th</sup> – BBQ day  
Thursday 17<sup>th</sup> – Catholic Mass 2pm  
Tuesday 22<sup>nd</sup> – Bev & Singers 10.30am  
Thursday 31<sup>st</sup> August – **Daffodil Day (wear yellow)**

### **SEPTEMBER**

Friday 1<sup>st</sup> – Anglican Church Service 2pm  
Friday 8<sup>th</sup> – Village Singers 2pm  
Monday 11th – Resident Meeting 10.30am  
Wednesday 21<sup>st</sup> – Uniting Church Service 2pm  
Thursday 21<sup>st</sup> – BBQ day  
Thursday 20<sup>th</sup> – Catholic Mass 2pm  
Tuesday 26<sup>th</sup> – Bev Gilmour & Singers 10.30am

*Birthdays* 

### **AUGUST**

26<sup>th</sup> – Hilda Fraser  
31<sup>st</sup> – Janice McArthur

### **SEPTEMBER**

10<sup>th</sup> – Val Brooks  
20<sup>th</sup> – Dina Johnstone

*Happy Birthday to you all!*



## Resident Profile

Name: Keith 'Paddy' Bloomfield

Where were you born? Natimuk

Did you have a nickname when you were young? No, but I changed my name from Keith to Paddy

First job? Working at the North Salt Lake in Douglas

What were you best at in school? Running (fast as a flash he says...)

Where and when were you married? A church in Hamilton in 1954

What things did you and your best friend love to do? Cowboys & Indians and robbing sparrow nests

What chore did you absolutely hate when you were younger? Emptying toilet waste

If you could have lunch with one person, who would it be? My wife Margaret

Favourite Meal: Chicken Drumsticks

Favourite Dessert: Lemon Delicious

Favourite drink: Black Tea with at least 2 sugars

Favourite Flower: Dahlia

Favourite Singer: Tex Morton

Favourite Colour: Hawthorn colours

Favourite Book: The Weekly Times



Families & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by families and visitors. 🍌



## Staff Profile

Name: Srishti Rimal

Where were you born? Nepal

Did you have a nickname when you were younger? No

First job? Teacher

What were you best at in school? Soccer

What did you and your best friend love to do together? Travel to new places

Where and when were you married? 14<sup>th</sup> October 2018 in Kathmandu, Nepal

What chore did you hate when you were young? Folding clothes

What is the most embarrassing thing that has happened to you?

Sent a text to the wrong person, got the reply "who are you?"

If you could have lunch with one person, who would it be? My Mother

Favourite meal: Dumplings

Favourite dessert: Panna cotta

Favourite drink: Cappuccino

Favourite colour: White

Favourite Singer: Ariana Grande

Favourite flower: Orchids

Favourite book: Think like a monk by Jay Shetty

### INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents and their representatives.



## MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being.

Goodwin Village is committed to providing a safe and respectful environment.

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

## VALUES STATEMENT

### ***Goodwin Village values:***

- Choice – we encourage and promote individual choice and independence.
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.