



Goodwin Village

Newsletter

February / March 2024

CARE MANAGER REPORT

Welcome to the year 2024. Already up to the last month of summer. Not sure of these seasons anymore. Hot days, cool days, dry days and wet days. We get the lot. The gardens are as confused as us. The vegetables especially. I do hope some of you have had good luck with your vegetables, as I have not. The fight with the insects that are increasingly enjoying tasting our produce has added to the mixed-up climate concerns.

We welcome new staff members Kylie Glidden into the role of cook and Tracy Schrieber as a personal carer.

New residents Mary Murray and Cath Oakley have settled in well and we are looking forward to enjoying their company.

The hostel is currently fully occupied as well as the Village units. Donald is lucky to have such a great facility to accommodate the locals in their time of need. The whole Village is a vibrant and friendly place to live. The Gardner's have the lawns looking amazing with the help of the recent rains. There is definitely a lot more mowing needed to keep these vast lawns under control.

We continue to provide home care to the Village units and various homes around the town. Our staff are all multiskilled and able to meet the needs of the community who wish to stay in their own home with assistance. There is an increased need for this type of care and Goodwin Village will continue to provide this as requested.

Residential care standards are currently under change by the Aged Care Quality Safety Commission. The new Standards will be reduced from 8 to 7. The new standards are under the following guidelines, 1. The Person, 2. The Organisation, 3. Care and Services, 4. The Environment, 5. Clinical Care, 6. Food and Nutrition, 7. The Residential Community. These new standards will commence on 1st July. It does not mean any changes to care, just new guidelines for our Policy and Processes.

Our medication system will soon be taking on increased access to technology. We have received a grant to provide an Electronic National Residential Care Medication System. This will allow the doctors to complete scripts and medication charts online. This will free up the current time spent writing scripts, signing medication charts and keeping records of the same. The system will link with the Pharmacy so they will be in the loop of providing changed medications in a more timely manner. This process will occur in the next few months once we have had some training and purchased some new devices.



Lynne Walsh
Care Manager

BOARD NEWS

COVID-19 - Our November outbreak fizzled out thankfully to one resident and two staff. We don't want to be too confident, but our infection control measures seem to be working well with resident, family and staff compliance.

RESIDENTIAL CARE - The residential care facility is currently fully occupied with respite booked for February.

24 HOURS 7 DAYS A WEEK REGISTERED NURSING – With the recruitment of a couple of Registered Nurses and having no holidays taken by RNs we have lifted our compliance into the mid 70 per cents for November and December 2023. Hopefully we can build on this percentage.

NURSING & CARE POSITIONS AVAILABLE - We are always looking for staff. Our main focus is trying to appoint some more nurses. We would like to find some more Registered and Endorsed Enrolled Nurses to take a team leadership role on the 'floor'. As a few of our care staff have indicated they are approaching retirement, we are also looking for Personal Carers.

POLICIES & PROCEDURES - The way Goodwin Village operates is governed by policies and procedures often in response to government rules and legislation. If any residents or their families are wanting to view any of these policies and procedures at any time, they are welcome.

RESIDENT ADVISORY BODY - The Government requires that we have a Resident Advisory body in place made up of residential care residents, so that they have input into decisions that affect them. This Body has had its first meeting and will meet each month providing reports to other meetings including the Board.

ENTERPRISE AGREEMENTS - Our Enterprise Agreement negotiations are continuing. We are hoping to have the Agreement in place by April 2024.

MAIN BATHROOM RENOVATION – We have commenced a minor upgrade of our main bathroom. We are removing the bath and the toilet and making it into a clean utility room. We will be storing our wound dressings, and some of our medications in this room.

INFORMATION TECHNOLOGY SERVICES – We are moving our IT Services from Grampians Health to Dulkeith Computer Solutions. The transition is happening during February 2024.

GOODWIN VILLAGE

COMMUNITY CARE

- Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.
- Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.
- Goodwin Village can travel to other towns to provide services if required.
- 'Fee for service' available for people paying themselves.

GOODWIN VILLAGE

NEW RETIREMENT UNIT building in 2024. Approximate Ingoing Contribution to be \$390,000

Goodwin Village has a range of retirement units and there will be a new one built in 2024. Features of this Units will include:

- 105 square metre unit
- Plus 45 square metre 2 x car lock up garage
- Living area facing north
- No steps in the Unit
- Split system air conditioning in living & master bedroom
- Ensuite to master bedroom.
- Concrete path all the way around the Unit.
- All maintenance of grounds provided
- Waiting list priority into residential care, and new residential wing if required

ACTIVITIES

December was a busy month spent decorating trees, making Christmas decorations, eating chocolates & treats, singing, and having family and friends visit. We hope you all enjoyed the festivities & we wish you all the best for 2024.

We had Paul Clark entertain the residents with his Xmas Carols & Aussie Icon Classics. The residents sang along and played musical instruments to some songs.

We had a fantastic bus trip to Guthrie's shearing shed and Rich Avon cricket ground, (where Mick hit his first 6 playing for Jeffcott A grade)! We saw plenty of farmers harvesting and on the way home went to Walkers Lake and Browns Lake via Cope Cope. All who went enjoyed the trip.

The St Mary's School children visited and sang Christmas carols. They then handed out homemade cards and gifts to each resident. The colourful baubles looked great hanging from the resident's door handles. We also had the Donald Primary School Prep, 1 & 2 children entertain the residents with Carols and dancing. Hadyn thanked the children and staff for coming to the hostel & entertaining them and we all look forward to seeing them in 2024.

The resident and staff Xmas luncheon was a wonderful day of entertainment, beautiful food & gifts which were given to the residents by Santa & Mrs Claus. Anu, Brian, Glenn, Nadja and Marie all sang different Xmas carols and some tunes of their own.

Nadja & her partner Tony presented 'This is your Life'. They did a presentation about their home country Switzerland and the differences between Australia & Switzerland, particularly in farming and agricultural practices. They served Toblerone Mousse & special Swiss cheese for morning tea, this was thoroughly enjoyed by the residents.

Nat Clark visited and played the acoustic guitar and entertained the residents with his beautiful music.

We wished Lorna Hurst a very special '101' birthday, a wonderful milestone.

We also held a volunteer morning tea to thank our wonderful volunteers that come and entertain our residents or just come in for a friendly chat or take our residents out and about for car drives and coffee. This morning was well attended by volunteers, residents, and staff.

[Keep up to date with some of our activities by following our Goodwin Village Facebook page.](#)

Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.



Allan with Santa



Audrey receiving her gift from Santa



Coral



Don



Edna



Judy



Gerry



Doris and family on her 99th Birthday

*** UPCOMING EVENTS ***

FEBRUARY

Thursday 1st – Bus Trip 2pm
Tuesday 6th – Shrove Tuesday
Friday 9th – Village Singers 2pm
Monday 12th – Residents Meeting 10am
Wednesday 14th – **Valentine's Day**
Thursday 15th – BBQ day
Thursday 15th – Catholic Mass 2pm
Wednesday 21st – Uniting Church Service 2pm
Tuesday 27th – Bev Gilmour & Singers 10.30am

MARCH

Friday 1st – Anglican Church Service 2pm
Friday 8th – Village Singers 2pm
Monday 11th – Resident Meeting 10.30am
Sunday 17th – **St Patrick's Day**
Wednesday 19th – Uniting Church Service 2pm
Thursday 21st – BBQ Day
Thursday 21st – Catholic Mass 2pm
Tuesday 26th – Bev Gilmour & Singers 10.30am

Birthdays

FEBRUARY

6th – Marj Cameron
17th – Marg Hill
20th – Gerry Hazewinkle
27th – Bob Baker
27th – Margaret Drake

MARCH

16th – Hadyn Jones
16th – Judy Leith
18th – Marion Bayles

Happy Birthday to you all!



Resident Profile

Name: Cath Oakley

Where were you born? Donald in 1941

Did you have a nickname when you were young? No

First job? Myer advertising dept whilst doing a 4 yr Advertising / Art course at Royal Melbourne Tech College

What were you best at in school? Football

What things did you and your best friend love to do? Play football & print our own gift cards all by hand, using the book binding press at Oakley & Thompson

What chore did you absolutely hate when you were younger? Washing the dishes

What is the most embarrassing thing that has happened to you?

Working at the garage I was having a bad day typing and printed the invoices with Shiton's Garage instead of Shilton's

If you could have lunch with one person, who would it be? A

Collingwood footballer - Darcy Moore

Favourite Meal: Roast Lamb

Favourite Dessert: Ice-Cream

Favourite drink: White / Red wine

Favourite Flower: Rose

Favourite Singer: Allan Reddy

Favourite Colour: Green

Favourite Book: Plenty of action type books



Families & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by families and visitors. 🤗



Staff Profile

Name: Mary-Ann Paris

Where were you born? Hamilton

Did you have a nickname when you were younger? Mim

First job? Packing fruit

What were you best at in school? Sports - not so much now though

What did you and your best friend love to do together? Go to the drive-in and go shopping

What chore did you hate when you were young? The dishes

What is the most embarrassing thing that has happened to you?

Walking to school, turned around to talk to my friend and walked into a pole

If you could have lunch with one person, who would it be? My daughter and my Mum & Dad

Favourite meal: Roast Chicken

Favourite dessert: Sticky date pudding

Favourite drink: Water

Favourite colour: Purple

Favourite Singer: Robbie Williams

Favourite flower: Rose

Favourite book: Flowers in the Attic

INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents and their representatives.



MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being.

Goodwin Village is committed to providing a safe and respectful environment.

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice – we encourage and promote individual choice and independence.
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.