

Goodwin Village Newsletter

December 2023 / January 2024

CARE MANAGER REPORT

The farmers are busy with the harvest and the start of Summer is upon us. The spring gardens have finished, and you can see the Village Garden Girls Jenni and Joyce busy dead heading the spent flowers and covering the fruit trees to protect them from the fruit fly.

The residential facility has been abuzz with activities for all as you will see in the activity report.

With sadness we send our condolences to the Harmer and Bloomfield families on the passing away of Joyce and Paddy, we will miss them both.

New residents that now reside in Goodwin Village are Judy Tuder and Judy Leith, both local ladies and Kathleen Laffin from Charlton. Their friendship to all will add happiness and companionship to our other residents.

The inaugural Resident Advisory Committee held its first meeting late in November. Resident representatives to this advisory committee are Hadyn Jones, Jan Jones, Dina Johnstone, Coral Hicks and Judy Leith. We thank these residents who will assist the Board in advising from a resident's point of view. They will be involved in decisions regarding care, new equipment, menu planning, building upgrades and lifestyle activities.

Staffing has increased over the last few months also. We welcome Registered Nurse Anu Olaoluwa, personal carers Bryan Echivarria and Nadja Gerber, as well as Rhiannon Crane to the catering and domestic team. These new employees are a great addition to our already busy and fun-loving staff who provide professional care and support to the 38 residents.

The busy Christmas season is now upon us and visitors are most welcome at any time. We do still request visitors have a RAT when they arrive or bring a photo of their negative RAT with them. Staff and residents will still need to do this RAT each 3rd day over the Christmas/New Year period. Thanks to you all for a wonderful and supportive 2023.

Merry Christmas and Happy New Year!!

Lynne Walsh Care Manager



BOARD NEWS

COVID-19 - We had 1 resident and 2 staff with COVID-19 in late November and was kept under control. Thanks to visitors and staff for testing each visit or 3 times a week if visiting more regularly. Under advice from the Public Health Unit, due to high community prevalence of the virus, we are now wearing surgical masks again until recommended to cease.

RESIDENTIAL CARE - The residential care facility is currently fully occupied but the respite bed is available and has plenty of availability in the coming months.

24 HOURS 7 DAYS A WEEK REGISTERED NURSING - The Government's mandated 24/7 Registered Nursing present in residential aged care facilities commenced on 1st July 2023. We have not complied with the requirement and are unlikely to in the foreseeable future. We have access to a Registered Nurse 24/7 with our 'on call' arrangement, this has been in place for over 15 years. We believe this more than adequately meets our residents care needs. Our number of beds is too high for a formal exemption from the requirement. If residents/families are concerned about our RN presence and its impact on care, please contact the CEO of Goodwin Village. Our Compliance is 66% of shifts with an RN. We have an RN 'on call' at all other times.

UNIT 27 - We welcome Brian Bayles into Unit 27

NURSING & CARE POSITIONS AVAILABLE - We are always looking for staff. Our main focus is trying to appoint some more nurses. We would like to find some more Registered and Enrolled Nurses to take a team leadership role on the 'floor'. As a few of our care staff have indicated they are approaching retirement, we are also looking for personal carers.

POLICIES & PROCEDURES

The way Goodwin Village operates is governed by policies and procedures often in response to government rules and legislation. If any residents or their families are wanting to view any of these policies and procedures at any time, they are welcome.

MEALS ON WHEELS - Under new arrangements with the Commonwealth Home Support Program. Goodwin Village will no longer be providing 'Meals on Wheels' after the 8th of December. EWHS will be the new provider from 11th December 2023.

RESIDENT ADVISORY BODY – The Government requires that we have a Resident Advisory body in place made up of residential care residents, so that they have input into decisions that affect them. This Body has had its first meeting and will meet each month providing reports to other meetings including the Board.

ENTERPRISE AGREEMENTS – We are currently negotiating a new Enterprise Agreements with our staff. The negotiations are led by our industrial relations consultants SIAG and the Unions. We have previously had 2 agreements. One with our nurses, and one with all other employees. At the conclusion there will be one EA with the ANMF as the Health & Allied Services Agreement will be rolled into the ANMF one.

GOODWIN VILLAGE

COMMUNITY CARE

- Supporting people in their own homes personal care, house cleaning, gardening & home maintenance, respite & shopping.
- Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.
- Goodwin Village can travel to other towns to provide services if required.
- 'Fee for service' available for people paying themselves.

GOODWIN VILLAGE

NEW RETIREMENT UNIT building in 2024. Approximate Ingoing Contribution to be \$390,000

Goodwin Village has a range of retirement units and there will be a new one built in 2024. Features of this Units will include:

- 105 square metre unit
- Plus 45 square metre 2 x car lock up garage
- Living area facing north
- No steps in the Unit
- Split system air conditioning in living & master bedroom
- Ensuite to master bedroom.
- Concrete path all the way around the Unit.
- All maintenance of grounds provided
- Waiting list priority into residential care, and new residential wing if required

ACTIVITIES

This year has flown by, and it is almost time to put up our Christmas decorations, trees and get into the Christmas spirit. It's a lovely time of the year to get together and spend time with our loved ones. The days have been beautiful to sit outside Riverside lounge and look at the beautiful garden and surrounds.

We have been on a bus trip to Murtoa to the Big Stick Shed. It was amazing to see it structurally inside. There was an art exhibition inside as well as a video playing of how the shed was built. We drove around Marma Lake, saw the silo art of all the birds, water tower museum and ceramic lizard in the street. On the way home we went through Rupanyup and looked at the silo art there also. The resident's loved the stick shed and were quite shocked at how big it is.

Our next adventure saw us on a bus trip to Charlton via Wooroonook Lake. We saw where Hadyn and Jan Jones used to live with the owl sitting out the front. The artwork on the water tank, the Travellers rest, and three other wall arts around town. We drove around the trotting track looking at the new sports complex, the TAFE, and the Hospital. We saw headers working in the paddocks as we drove there and home again. Residents stayed on the bus this trip as the weather was too hot to get off, bottles of water were given to quench the thirst. Residents all enjoyed the sites of Charlton. We held our annual Oak's Day luncheon in Riverside Lounge. Some of the residents dressed up and wore hats or fascinators to take part, which was great to see. A lovely spread of food was served, which included pastries, chicken, salad, and a selection of sweets. Of course, wine, beer and soft drink was also on offer. Residents got to pick a horse for the race of the day and were awarded a prize for the place getters.

We have had the Donald Primary School visit us with their Prep Circus performance. The residents thoroughly enjoyed the children's acting, with the ringmaster, clowns, strong men, seals, horses, and lions doing their various tricks. After the show the children interacted with the residents while having a cool drink and an icy pole. The show was a great success.

Donald High School students along with teacher Kim Griffiths have visited with residents each Tuesday for 4 weeks. During that time, they have played snakes and ladders, cards, jigsaw puzzles, ball games and two games the students brought with them. A lot of fun was had during these afternoon sessions, and we look forward to them returning.

Geoffrey Graeme visited again, and the residents all look forward to his Aussie bush poetry, music, and comedy. He played the mouth organ and the guitar, singing songs such as Dog on the tuckerbox, The road to Gundagai and Waltzing Matilda! Reading of Clancy of the Overflow, Only eight, Farming life, The brown slouch hat and Have a cup of tea. Residents joined in with the tambourine, shakers and sticks, singing and toe tapping. All enjoyed an afternoon of music, poetry, and jokes.

Wishing everyone a wonderful & safe Christmas and a happy and healthy New Year. We look forward to seeing you all in the New Year.

Keep up to date with some of our activities by following our Goodwin Village Facebook page.

Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.



Judy, Mary & Janet in a Rickshaw Trike



Residents & Students enjoying a bus trip to Murtoa



Nathan & Marj C doing some craft activities



Ball activity fun



Glenn & Rosalie



Residents speaking with the Prep circus stars!

*** UPCOMING EVENTS ***

DECEMBER

Friday 1st – Anglican Church Service 10am Thursday 7th – Paul Clark – Entertainer 10am Thursday 7th – Bus Trip 2pm Friday 8th – Village Singers 2pm Monday 11th – Residents Meeting 10am Tuesday 12th – Volunteer Morning Tea 10am Wednesday 13th – St Mary's School visit 10am Friday 15th – Primary School visit 10am Friday 15th – Resident & Staff Christmas lunch Wednesday 20th – Uniting Church Service at 2pm Thursday – BBQ day Thursday – Catholic Mass 2pm Monday 25th - Christmas Day Tuesday 26th - Boxing Day

JANUARY

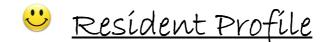
Monday 1st - New Years Day Friday 5th – Anglican Church Service 2pm Monday 8th – Resident Meeting 10.30am Friday 12th – Village Singers 2pm Wednesday 17th – Uniting Church Service 2pm Thursday 18th – BBQ Day Thursday 18th – Catholic Mass 2pm Tuesday 23rd – Bev Gilmour & Singers 10.30am Friday 26th - Australia Day

Birthdays 🕷

DECEMBER 5th – Steve Currie

JANUARY 1st – Doris Jones 5th – Lorna Hurst

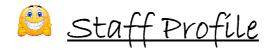
Happy Birthday to you all!



Name: Judith Leith Where were you born? Mildura Base Hospital Did you have a nickname when you were young? Jude First job? Worked at Gerung Gerung Post Office What were you best at in school? History Where and when were you married? 23rd February 1963 in Gerung Gerung Methodist Church what things did you and your best friend love to do? Playing tennis & talking about boys What chore did you absolutely hate when you were younger? Dishes If you could have lunch with one person, who would it be? My Grandchildren Favourite Meal: Roast & Yabbies Favourite Dessert: Fruit salad & Ice-Cream Favourite drink: Brandy & Dry Favourite Flower: Rose Favourite Singer: Elvis Presley Favourite Colour: Pink Favourite Book: Any autobiography book

Famílies & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by famílies and visitors.

GOODWIN VILLAGE WEBSITE www.goodwinagedcare.org.au



Name: Amber Martín

Where were you born? Horsham

Díd you have a níckname when you were younger? Ambie Fírst job? Delí worker and cashíer at Weír's IGA Donald What were you best at in school? English, Art & work related studies

what did you and your best friend love to do together? Have sleepovers and going camping

What chore díd you hate when you were young? Sweeping g folding laundry

What is the most embarrassing thing that has happened to you? Too many incidents as I'm a klutz

If you could have lunch with one person, who would it be? My Great-Grandma

Favourite meal: Corned Beef & Roasted Vegetables

Favourite dessert: Apple crumble with vanilla ice-cream

Favourite drink: Hot Milo

Favourite colour: Lílac

Favourite Singer: Taylor Swift & Noah Kahan

Favouríte flower: Hydrangea

Favourite book: I couldn't possibly choose

INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents and their representatives.



MISSION STATEMENT

Reflecting the motto "*Caring for Friends*" Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being.

Goodwin Village is committed to providing a safe and respectful environment.

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice we encourage and promote individual choice and independence.
- Respect we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care we care and aim to continually improve practices.
- Passion we love what we do and encourage creativity and diversity.
- Teamwork we work together and support each other.
- We value and appreciate Community and Government support.