



Goodwin Village

Newsletter

April / May 2024

CARE MANAGER REPORT

Welcome to the Autumn Newsletter. The most glorious weather for us to sit in the sun and soak up the extra rays prior to the colder months. Easter will be celebrated in the Village with plenty of activity. Easter Bunny will personally visit on Easter Sunday morning for his annual delivery of easter eggs for the residents.

I have been missing in action for a few weeks whilst I have recovered from a knee replacement. I will be back in full swing at the end of April after a family holiday in Bali.

During my leave and for the next few weeks Liji Merin Joy has been completing my duties. Liji has done an amazing job in keeping clinical care well-coordinated. Liji has such a professional work ethic and lots of enthusiasm. Liji has not been alone as our growing numbers of Registered Nursing staff were able to give her full assistance. They are a great bunch of hard working, well skilled nurses whom we appreciate so much. We must not forget the admin, care staff, catering and cleaning staff as well. It is a whole team effort in providing aged care.

The Registered Nurses hold a meeting each Tuesday morning to discuss all the clinical needs of residents as well as our reportable indicators and any other issues that relate to the Clinical care of residents. The minutes are recorded at each meeting and then forwarded to the Clinical Governance Committee of the Board. This is a Governance requirement in Residential care by the Quality and Safety Commission.

The use of Dementia Support Australia (DSA) has again been utilised to assist us in providing an improved quality of life for those living with dementia. Their support is most welcome. As you would imagine life can sometimes be quite difficult for these residents. DSA assists with identifying needs and putting together individual lifestyle plans that staff can then assist to achieve.

We welcomed some new staff members in the past 2 months, and it is wonderful to have them join the Goodwin Village team. Barsha Pokharel (RN), Rohit Timalsina (Cook), Lara Young (KH), Jordon Dodd & Caitlin Beech (Personal Carers).

All families and friends can all feel free to contact the Staff of Goodwin Village at any time of the day or night if they have any concerns or just for an update on their family member. We do accept concerns as well and will always address these as issues arise. You never need to feel unheard.

Happy Easter Holidays!



Lynne Walsh
Care Manager

BOARD NEWS

COVID-19 – We were very pleased to be able to open the front door again with testing only required when staff and visitors have COVID symptoms.

RESIDENTIAL CARE - The residential care facility is currently fully occupied with respite booked for April and most of May.

24 HOURS 7 DAYS A WEEK REGISTERED NURSING – With the recruitment of a couple of Registered Nurses and having no holidays taken by RNs we have lifted our compliance close to 80 per cent for February and March 2024. Hopefully we can continue to build on this percentage.

NURSING & CARE POSITIONS AVAILABLE - We are always looking for staff. Our focus is trying to appoint some more nurses. We would like to find some more Registered Nurses to take a team leadership role on the 'floor'. As a few of our care staff have indicated they are approaching retirement, we are also looking for more personal carers.

POLICIES & PROCEDURES - The way Goodwin Village operates is governed by policies and procedures, often in response to government rules and legislation. If any residents or their families are wanting to view any of these policies and procedures at any time, they are welcome.

RESIDENT ADVISORY BODY – The Government requires that we have a Resident Advisory Body in place made up of residential care residents, so that they have input into decisions that affect them. This Body has had three meetings and is meeting each month providing reports to other meetings including the Board.

ENTERPRISE AGREEMENTS - Our Enterprise Agreement negotiations are continuing. We are hoping to have the Agreement voted on by the end of April or early May 2024.

MAIN BATHROOM RENOVATION – The upgrade of our main bathroom is well on the way. The new floorcovering is down. The new wound cupboard is installed and the painting and electrical fit off are complete. We are now just waiting on the plumbing.

NEW RETIREMENT UNITS – The Goodwin Village Board has resolved to build 2 new retirement units. We are currently waiting for the required permits, and construction should commence mid-year.

GOODWIN VILLAGE

COMMUNITY CARE

- Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.
- Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.
- Goodwin Village can travel to other towns to provide services if required.
- 'Fee for service' available for people paying themselves.

GOODWIN VILLAGE

NEW RETIREMENT UNIT building in 2024. Approximate Ingoing Contribution to be \$390,000

Goodwin Village has a range of retirement units and there will be a new one built in 2024. Features of this Units will include:

- 105 square metre unit
- Plus 45 square metre 2 x car lock up garage
- Living area facing north
- No steps in the Unit
- Split system air conditioning in living & master bedroom
- Ensuite to master bedroom.
- Concrete path all the way around the Unit.
- All maintenance of grounds provided
- Waiting list priority into residential care, and new residential wing if required

ACTIVITIES

The year is flying by, and we are all toasting to a productive and successful year ahead.

The hostel had some celebrations early in the year with Marion & Brian Bayles celebrating their 50th Golden Wedding Anniversary. We have also been eating lots of cake whilst celebrating numerous birthdays – Bob Baker, Marj Cameron, Marg Drake, Gerry Hazewinkle, Marg Hill, Marion Bayles, Hadyn Jones & Judith Leith.

Our monthly bus trip to Wycheproof was very successful. We stopped at the bakery and enjoyed cuppas, cakes and had a real feast. We then drove up Mt Wycheproof where the residents loved the view from the bus. Staff gave a brief history of the Mount and the 'King of the Mountain' story. We then drove to Centenary Park where we looked at the monument of Bernard 'Bunny' Reid who in the 1970's was a 4-time world champion boomerang thrower. Other monuments were on display in the park also. We drove around Wycheproof before heading back home. All residents had a fabulous outing.

The residents enjoyed our regular activities which are outlined on our monthly calendar as well as joining in with the other various services available to them each month. Church services, pampering days, exercise mornings, cooking, word games and quizzes are all on the list and keep the brain active.

Our footy season has also begun, so our residents are participating in the annual footy tipping competition. 28 residents have chosen to take part this season, which is a great effort. This makes for a good talking point each Monday as the residents compare their tips and brag about whether their team has managed a win. (And they are quick to let a certain staff member know that her team has lost AGAIN!)

We enjoyed a visit from the Easter Bunny on Easter Sunday. The chocolates that were delivered were delicious. We hope you all had a wonderful Easter with family and friends, we certainly were spoilt with the lovely Autumn weather.

Did you hear about the most beautifully decorated eggs?

They were to dye for!

What's the best type of movie about waterfowl?

A duckumentary!

Keep up to date with some of our activities by following our [Goodwin Village Facebook page](#).

Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms, and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.



Brian & Marion celebrating their 50th Wedding Anniversary together



Jodie & Margaret looking wonderful in green



Hunter & Shirley enjoying the sunshine



Residents ready to celebrate Valentine's Day



Rosalie & Margaret with The Easter Bunny

***** UPCOMING EVENTS *****

APRIL

Monday 1st – Easter Monday
Friday 5th – Anglican Church 2pm
Monday 8th – Residents Meeting 10am
Friday 12th – Village Singers 2pm
Wednesday 17th – Uniting Church Service 2pm
Thursday 18th – BBQ day
Thursday 18th – Catholic Mass 2pm
Tuesday 23rd – Bev Gilmour & Singers 10.30am
Thursday 25th – ANZAC Day

MAY

Friday 3rd – Anglican Church Service 2pm
Friday 10th – Village Singers 2pm
Sunday 12th May – Mother's Day
Monday 13th – Resident Meeting 10.30am
Wednesday 22nd – Uniting Church Service 2pm
Thursday 23rd – BBQ Day
Thursday 23rd – Catholic Mass 2pm
Tuesday 28th – Bev Gilmour & Singers 10.30am

Birthdays 

APRIL

19th – Audrey Alexander
26th – Pat Hogan

MAY

6th – Coral Hicks
6th – Lesley Webb
22nd – Brian Moroney
26th – Rosalie Pearce

Happy Birthday to you all!



Resident Profile

Name: Kathleen Laffin

Where were you born? Wycheproof as Nullawil didn't have a hospital

Did you have a nickname when you were young? No

First job? Working on our family farm and then when I was 14, I was a teacher's assistant at the Nullawil School

What were you best at in school? Maths & English

When and where did you get married? 1954 - Charlton at St Joseph's Church

What things did you and your best friend love to do? Bike riding in the country and playing tennis

What chore did you absolutely hate when you were younger? Ironing but I didn't have too many chores

If you could have lunch with one person, who would it be? My friend Therese (Crisp) Wright (who has now passed)

Favourite Meal: Fried Fish & Chips

Favourite Dessert: Ice Cream

Favourite drink: Cup of Tea

Favourite Flower: Cannas

Favourite Singer: All music

Favourite Colour: Blue

Favourite Book: Gone with the Wind



Families & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by families and visitors. 🍌



Staff Profile

Name: Amanda Rogers

Where were you born? Mildura

Did you have a nickname when you were younger? Millie Molly
Mandy

First job? Accounts Payable

What were you best at in school? Maths

What did you and your best friend love to do together? Road
trips & play volleyball

What chore did you hate when you were young? None, I loved
helping my parents

What is the most embarrassing thing that has happened to you?

When I fell over my dog & broke my arm

If you could have lunch with one person, who would it be? My
parents

Favourite meal: Mexican

Favourite dessert: Lemon Meringue Pie

Favourite drink: Espresso Martini

Favourite colour: Purple

Favourite Singer: Rod Stewart

Favourite flower: Lily of the valley

Favourite book: Anyone's Biography

INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents, and their representatives.



MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence, and well-being.

Goodwin Village is committed to providing a safe and respectful environment.

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice – we encourage and promote individual choice and independence.
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.