



Goodwin Village

Newsletter April/May

CARE MANAGER REPORT

Welcome to Autumn and no more daylight savings. The mornings are crisp yet the days beautiful and sunny.

We have all been saddened recently by the passing of two of our residents, Mr Dick Walsh and Mrs Joan Smith. They will both be sadly missed and we extend our deepest sympathy to both their families.

The nursing staff have been extremely busy with training in our funding documentation over the last few months. Chris, Lynne, Jenny, Jenelle, Kristy, Gill and Marg have had training on how to maximise the funding we receive from the Government. This funding is what pays for the staffing and day to day care of the residents at Goodwin Village. It has been a big eye opener as to how we best should go about accessing adequate subsidies that we require in our industry.

Residential care facilities are often criticised in the media for “poor care”. Some of the recent claims are that residents are left for lengthy periods in their rooms without interaction, meals are extremely small, and residents are not allowed to go out.

1. Residents always in their rooms:

Visitors are often only in a facility for a short time. Residents may have been ‘out and about’ at other times. Residents with dementia do require some quiet time, and this is either within their room or away from the public areas, when the rest of the place is busy.

2. Residents may be in bed by 6.30pm:

Some residents are ‘early risers’ and have been out of bed a long time. Strict meal times are not always adhered to for every resident. Meals are served at a time that it is appropriate for the individual.

3. Small meals are served:

When a resident ages, they are often not undertaking as much activity as they did in their home, and don’t have the same appetite. Wholesome and nutritious meals are served to all residents. Menus are reviewed regularly by dieticians, and considered more than adequate.

Each resident at Goodwin Village has comprehensive assessments completed. Care regimes are individually tailored to suit each resident. Individual care is provided to all residents, no matter how complex, as long as the skills are available, or can be accessed externally readily. Residents that have no cognitive or physical deficits, don’t require the level of care that frailer residents require. The care subsidy system we work in really only funds the residents with functional deficits, and care is tailored to this accordingly.



Lynne Walsh
- Care Manager



BOARD NEWS

LEVEE BANK

It is disappointing that we have been unable to get the two footpaths required as part of the levee project completed. These footpaths connecting Riverside Lounge and Unit 30 to the walking track are still only boxed out.

ALLIED HEALTH ASSISTANT

Our new Allied Health Assistant Ros George has settled into her role at Goodwin Village very well. The residential care residents are enjoying Ros's attention to their pain management.

RESIDENTIAL CARE EQUIPMENT

We have purchased some items of equipment in the last couple of months. Two more pressure mattress overlays, and two more fully electric floor beds.

BBQ

While on the equipment theme we have never really had a BBQ at Goodwin Village that adequately met our needs. Our main BBQ was only ever a 4 burner that we have had for around 20 years. It was too small for most of the functions that we used it for. We shopped around and were able to purchase a 6 burner BBQ with a full grill plate. This BBQ should be large enough for most of our requirements now.

RICHARDSON HEIGHTS ROAD REPAIR

We have done some more ongoing maintenance to the Richardson Heights Road. It had sunk down where some trenching was done under the road. We have given this some attention.

COMMUNITY CARE

If people in the community or nearby towns are looking for someone to provide community care in an Aged Care Package, Goodwin Village are care providers for Uniting Agewell, Benetas, Bendigo Health, Annecto & Villa Maria. For people that do not qualify for or wish to take up government funded Community Care, Goodwin Village also carry out Community Care on a fee for service basis at \$48.80 per hour including GST. This includes a gardening service.

INDEPENDENT LIVING UNITS

It is important to note that residents of Goodwin Village owned Units have priority to move almost to the top of the residential care waiting list when they choose that it is time to move from their Unit into residential care. We still have 4 Units available that can be inspected at any time under arrangement. These are Units 10, 6, 26, & 28.

Unit 10 ingoing contribution \$35,000

Unit 6 ingoing contribution \$70,000

Unit 26 ingoing contribution \$120,000

Unit 28 ingoing contribution \$150,000



**Unit Resident Happy Hour is held
5.00pm Fridays in Sunset Lounge at hostel.**

All Welcome!





ACTIVITIES

Well Easter has come and gone again but the hostel residents were once again happy to have a surprise visit from the “Easter Bunny” aka Marion Bayles. This particular “bunny” has been a regular for many, many years and everyone appreciates her gifts of time, friendship, humour and of course chocolate eggs. Thanks so much “Easter Bunny”!

The regular summer time tomato sauce making was another event that everyone enjoyed. Residents rolled up their sleeves and got chopping and preparing tomatoes for the process. The aromas wafting up the halls from Riverside Lounge kitchen were tantalising and brought back many memories of busy and sometimes messy sauce making days! The wonderful finished product was then happily used by the men for their regular monthly BBQ lunch. This bbq was held outside near the gazebo on a beautiful summer’s day. Anthony, Mick and Acky, along with most of our men residents, had a great afternoon sharing lunch, drinks and many tall tales, stories and jokes!

Last month we were very fortunate to have Mars Drum, Fran Drum’s talented daughter, conduct a painting workshop for our residents. The result was individual hand painted cards that are on display in Riverside Lounge. Later that same afternoon the residents were entertained by three of the Hogan sisters and Kerry Wood for a sing a long of old favourites. These talented ladies had sung regularly together in years past so it was somewhat of a reunion tour! Another musical afternoon was held by the Friends of Goodwin Village for St Patricks Day. Mary Herben and Gill Sands along with Bev Gilmour on piano kept the crowd tapping away to many old Irish tunes. Marion McEwen also kept us laughing with a host of Irish jokes and tales. Most of us have Irish ancestry of some type in our veins so it was fun for all!

A bus trip was also held recently and this journey was a tasty one to the Birchip Bakery! A full bus load headed off and enjoyed the award winning vanilla slices along with tea and coffee. Everyone, with tummies full, then enjoyed the trip home seeing the sites of the countryside.

Footy tipping is off and running again with lots of interest from everyone. None of us are experts but it gives us entertainment and helps keep our brains active as we peruse the guides and team lists. We wish everyone good luck and may the best team win!

We are also gearing up for the fun of the Commonwealth Games. It should be wonderful to watch all the highly trained and dedicated athletes on our televisions. We will also be holding our own mini games for some not so highly trained but still enthusiastic residents next Friday...should be fun!



Above: Men's BBQ lunch and drinks.



Above: Annual tomato sauce making time at the hostel.



Above: The Hogan sisters and Kerry Wood performing.



Above: Artists at work on hand painted cards!



Above: Easter Bunny visiting Isabel McNally.



Above: Bill Pettifer cutting his birthday cake.



MISSION STATEMENT

Reflecting the motto “Caring for Friends” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

VISION STATEMENT

Goodwin Village is committed to meeting the care needs of residents of the Village and the community.

Goodwin Village seeks to continually improve all functions of the organisation.

Goodwin Village provides leadership in its role as a care provider in Donald and district and makes a positive contribution to broader aged care forums.

Goodwin Village is committed to providing quality facilities

Goodwin Village is committed to supporting its staff.

Goodwin Village respects the environment

VALUES STATEMENT

Goodwin Village values:

- The diversity of all residents and their capacity to contribute to the well-being of the Village.
- Residents ability to live in a secure, comfortable and enjoyable environment.
- The privacy and dignity of all residents.
- The dedication and commitment of all residents.
- The contributions of the “Friends” of Goodwin Village.
- Community interest.
- All it’s financial resources.
- Quality improvement and good governance.
- The Department of Health and Aged Care’s financial and legislature contribution to the aged care industry.



*****UPCOMING EVENTS*****

APRIL

- 9th April -Uniting Church Communion 11am
10th April- Resident/Relative meeting 11am
17th April – Bus trip to St Arnaud museum
18th April – Uniting Church Service 2pm
20th April –Families afternoon tea 2pm
26th April - Catholic Mass 2pm
26th April – BBQ lunch

MAY

- 8th May -Resident/Relative meeting 11am
14th May-Uniting Church Communion 11am
16th May – Families afternoon tea 2pm
17th May – Catholic Mass 2pm
22nd May – BBQ lunch
23rd May -Uniting Church Service 2pm



Birthdays



APRIL

- 1st April – Coonie Smith
14th April – Olga Fostineo
28th April – Isabel McNally

MAY

- 8th May – Ron Falla
18th May – Pat Mackenzie
21st May – Nola Howley



Happy Birthday to you all!