



Goodwin Village

Newsletter Feb/March



CARE MANAGER REPORT

The heatwave has tried us this summer. Just a reminder to all our Unit residents that if you feel stressed by the heat you are welcome to come over to the hostel for some moral support and a cool environment. If the power fails you may also come over to our generator powered Hostel. Acky and Mick have been very, very busy keeping the water up to the vast lawn and garden areas. They have done a great job keeping our grass green.

Sadly, in December we lost our dear friend George Browse. He will be greatly missed and we offer sincere condolences to his family who were all very supportive to both George and his wife Babs whilst they were at Goodwin Village.

All the residents had a wonderful Christmas at Goodwin Village. Yvonne provided a delicious Christmas lunch. Families of those residents whom were unable to go out to family homes also enjoyed our hospitality. Family are always welcome to attend Goodwin Village on Christmas Day but it is asked that they provide food for themselves. As you would all appreciate, if we invited everyone to Christmas lunch the staff would be a bit overwhelmed.

The respite room has continued to remain occupied over the summer period. We do still have some vacancies in 2018, so if you were thinking of using the respite for yourself or a family member or friend it would be best to make an early booking to prevent disappointment.

We have been rearranging our dining room this month to make it safe and a more social environment for dining. As there are 23 wheelie walkers belonging to the residents whom have their meals in the dining room, it becomes quite cluttered. Staff have been most helpful in removing the 4ww once residents are seated and then returning them once the meal is complete. We also accommodate any unit resident who wishes to have meals in our dining room. Their company is most welcome and always a social experience for the unit and hostel resident.



“Anything is possible if you’ve got enough nerve”

-Lynne Walsh
Care Manager



BOARD NEWS

LEVEE BANK

The construction of the Levee is nearing completion. The earthworks are done. These give protection to the east and north side of Goodwin Village. The retaining wall was been built. This was required as we did not have the width around the fire protection systems and carpark to build an earthen levee. The security fence has been erected. The only landscaping part of the project to be completed is the new footpaths connecting Riverside Lounge and Unit 30 to the walking track.

INDEPENDENT LIVING UNITS

We currently have 4 Units available. Units 10, 6, 26, & 28.

Unit 10 ingoing contribution \$35,000

Unit 6 ingoing contribution \$70,000

Unit 26 ingoing contribution \$120,000

Unit 28 ingoing contribution \$150,000

NEW STAFF

We have had some staff changes with Maree McAllister resigning from her Deputy Executive Officer role, and Vidya Vikram, Julia Pearse, and Tiff Talty taking maternity leave.

New staff that have joined the organisation:

Russell Hallam - Cook

Kaleb Reid – Food & Domestic Services

Kirra Redding – Food & Domestic Services

Michelle Donnellon - Administration

RESIDENTIAL CARE WAITING LIST

From having no waiting list for the residential care facility in August 2017 it has increased in 6 months to around 10 people.

COMMUNITY CARE

If people in the community or nearby towns are looking for someone to provide community care, in an Aged Care Package, Goodwin Village are care providers for Uniting Agewell, Benetas, Bendigo Health, Annecto, & Villa Maria. For people that do not qualify for, or wish to take up government funded Community Care, Goodwin Village also carry out Community Care on a fee for service basis \$48.80 per hour including GST. This includes a gardening service.

ALLIED HEALTH ASSISTANT

Goodwin Village has engaged the services of an Occupational Therapist (OT) through an employment management company 'Xtra Aged Care'. Xtra aged care have engaged Ros George from St Arnaud to provide the OT services. We are looking forward to Ros commencing on the 5th February 2018. She will be attending Goodwin Village 4 mornings a week and will be providing services only to residential care residents during this time.

NEW CAR PARK

During the construction of the levee banks Goodwin Village decided to engage the services of Coburn's Earthmoving to construct a gravel car park on the east side of the eastern levee. Day staff will be encouraged to park in this car park once the new footpath is constructed. This will free up more of our onsite parking for Goodwin Village visitors.

RESIDENT APPOINTMENTS

If family or friends are unable to take residents to appointments outside the facility, Goodwin Village is able to do this, but please be aware that there will now be a small charge.



**Unit Resident Happy Hour is held
5.00pm Fridays in Sunset Lounge at hostel.**

All Welcome!



ACTIVITIES

Well the lead-up to Christmas was certainly a hectic time at Goodwin Village but all the seasonal fun and friendship was enjoyed immensely by residents and staff.

St Mary's school visited and entertained with songs of merriment, lovely gifts and sweets in homemade baskets as well as beautiful personalised Christmas cards.

Our annual resident and staff Christmas luncheon continues to grow in popularity. Mr & Mrs Claus were a great hit once again with lots of laughter and gifts, not to mention the notorious red lipstick kisses!

Josie Brigden and her troop presented a fantastic rendition of the story of Christmas and we thank Kyle Pearse for writing such a humorous version. Di Jackson again delighted us by playing the guitar and singing beautiful traditional carols.

Another event everyone enjoys is the making and baking of our traditional Christmas cake and puddings. The glorious aromas of spices and fruit that waft down our passageways as these are being baked often bring back memories of years spent cooking and preparing family dinners. Everyone makes a wish as they stir the cake and pudding mixtures and what a great job all these cooks did! The pudding this year was loudly pronounced as the best tasting ever!

All the trees and decorations are now safely packed away until next season. New Year resolutions have been made and last years opened and read. Did we all fulfil our resolutions? Stay tuned for the next 12 months!

The hot weather of summer has been harsh so far and we are all trying to survive the heat whilst still doing things we enjoy. Indoor activities such as colouring, quizzes, cards and word games which can be done inside in the wonderful air-conditioning of the hostel, have kept us all busy. More bus trips are on the horizon also as we now have three new bus drivers to keep us on the road – Glenda, Lynne and Jeannette. These trips can be as simple as a drive around the town to check out the new fire station or to inspect crops and silos. Everyone enjoys the change of scenery and fresh air so we look forward to more fun days out!





Above: Celebrating Christmas lunch at the hostel and the beautiful Christmas cake kindly donated by Rebecca Warr.



Above: Mr & Mrs Claus having fun with Bill Pettifer and in the photo on the right, Gerard Hogan.



Above; Mr & Mrs Claus enjoying celebrations with Rita Trollop and in the photo on the right, Ron Falla.



COMEDY CORNER

Frightened, a child backs away from the large German shepherd. "Don't be afraid," says the dog's owner reassuringly. "You can see from the way he wags his tail that he's friendly." Whimpering, the child answers, "But in front he's growling, and I don't know which end to believe!"

Two women were put together as partners in the club tournament and met on the putting green for the first time. After introductions, the first golfer asked, "What's your handicap?" "Oh, I'm a scratch golfer," the other replied. "Really!" exclaimed the first woman, suitably impressed that she was paired up with her. "Yes, I write down all my good scores and scratch out the bad ones!"

A little boy was attending his first wedding. After the service, his cousin asked him, "How many women can a man marry?"

"Sixteen," the boy responded.

His cousin was amazed that he had an answer so quickly. "How do you know that?"

"Easy," the little boy said. "All you have to do is add it up, like the Bishop said: 4 better, 4 worse, 4 richer, 4 poorer."

A woman went to doctor's office. She was seen by one of the new doctors, but after about 4 minutes in the examination room, she burst out, screaming as she ran down the hall. An older doctor stopped and asked her what the problem was, and she explained. He had her sit down and relax in another room.

The older doctor marched back to the first and demanded, "What's the matter with you? Mrs. Terry is 63 years old, she has four grown children and seven grandchildren, and you told her she was pregnant?"

The new doctor smiled smugly as he continued to write on his clipboard. "Cured her hiccups though, didn't I?"

A man takes his motionless dog to the vet. "Doc, I think my dog is dead." The vet looks the dog over, goes into a back room, and comes out with a cat. He places the cat on the table next to the dog. The cat walks around and sniffs at the dog ... Dog does not move. The cat walks on the dog ... but still no motion. Cat paws at, hisses, and scratches the dog ... but still no response. "Yep," says the vet, "He's dead!" The man is given a bill for \$500. "Why such a large bill?" the man exclaims angrily. The vet replies, "That's our fee for a CAT SCAN."

A little boy was in the kitchen with his mother, who was trying to get the sauce out of the bottle to put the finishing touch to his sandwich. Just then, the doorbell rang and the little boy ran to answer it. "Is your Mummy at home?" the visitor asked. "Yes," he said, "She's in the kitchen hitting the bottle."



*** UPCOMING EVENTS ***

FEBRUARY

- 6th February – Tomato sauce making
- 12th February -Uniting Church Communion 11am
- 13th February - Resident/Relative meeting 11am
- 15th February- Catholic Mass 2pm
- 15th February – BBQ lunch
- 16th February – Families afternoon tea 2pm
- 23rd February – Men’s BBQ
- 28th February – Uniting Church Service 2pm

MARCH

- 12th March -Uniting Church Communion 11am
- 13th March -Resident/Relative meeting 11am
- 16th March – Families afternoon tea 2pm
- 22nd March – BBQ lunch
- 22nd March – Catholic Mass 2pm
- 28th March -Uniting Church Service 2pm



Birthdays



FEBRUARY

- 16th February – Leila Honicke
- 17th February – Margery Hill
- 28th February – Lois Davidson

MARCH

- 7th March – Pat Donnellon
- 21st March – Bill Pettifer
- 30th March – Stuart McNally



Happy Birthday to you all!