



Goodwin Village

Newsletter Aug/Sept 2017

Website: www.goodwinagedcare.org.au

Email: goodwin@goodwinagedcare.org.au

CARE MANAGER REPORT

The end of winter is getting closer. The few days of sunshine and sprinkling of rain have put a spring in our steps. The grass is growing and so are the jonquils and daffodils. With the assistance of Bill Pettifer we have planted some fruit trees in the sunset garden area by the garden cart. We have dwarf nectarine, peach and plum trees. Bill is keeping a close eye on them and has reported that they are starting to bud up.

Gerard Hogan has been tending to our 3 Sussex chooks. We have purchased a "grandpa feeder" for them in which the grain is placed and the chooks can step on the tray plate which automatically then opens so as they can access the food. This keeps those pesky mice out as well as keeping the grain dry!

It has been with great sadness the loss of Marjory Hose, Merla McDonald, Allan Young, Dulcie Martin and Jean Pearse since our last newsletter. Our sympathies are with the families and friends of these residents. Some data collection has brought about an interesting fact that the average of the residents whom have passed away this year is 90. This is a great age and proof that we are living longer.

A big welcome goes out to our newest residents. Lois Davidson, Coonie Smith, Foss Fostineo, Bill Brooks and Joan Nunn have moved into the hostel and are enjoying the friendship of residents and staff. They are sure to enjoy their stay with us and have their families also involved in the organisation.

New staff members Mel and Tiffany Talty have enhanced our Food and Domestic staff. They bring along their experience and skills to the organisation which has been welcomed by all.

A big thankyou to the 2nd hand shop on Shiltons corner and Donald Pharmacy for their recent donations. These monetary donations are being used to purchase items for the residents use in the Activity Program and Resident Garden enhancement.

Friday 15th September is our next Goodwin Village Friends afternoon tea. We would love to see family and friends of residents join us for afternoon tea and chatter on this day. From 2pm onwards we will gather in Riverside Lounge for some light entertainment and a chatter. A small plate of afternoon tea would be appreciated but not essential. We hope to see you at Goodwin Village on this day to share with residents and staff a social afternoon.

Any family and friends that have not forwarded their email address to us for ease of communication are most welcome to do so. Please advise Di at the front office or Lynne and we will add you to our mailing list.

"God couldn't be everywhere, so he created mothers."



- Lynne Walsh
Care manager



BOARD NEWS

LEVEE BANK

The tender for the levee banks was awarded to Coburn's Earthmoving of Nyah West. It was expected that the job may have started by now. Even though it has not commenced it is still on track to be done before Christmas. The latest news is that work should commence in the next two weeks. The Byrne Street side is where work would start first.

FRIENDS OF GOODWIN VILLAGE

The Friends of Goodwin Village are still having their 'get togethers' in our residential care building on the 3rd Friday of the month. There is no fundraising or meetings anymore. The social days with residents and families and or friends are on the 3rd Friday of the month. The next social day is Friday 15th September, 2017

NEW STAFF

Chris Leeder & Pam Barber have joined our Registered Nurse team over the last few months. They have settled in well, to their positions.

RESIDENTIAL CARE

With all of the resident changes that we have had recently the residential care waiting list has shortened up. People now looking for residential care are able to access it only after a short wait.

INDEPENDENT LIVING UNITS

We currently have 3 Units available. They are Units 6, 26 & 28. Anyone interested in downsizing from their current home is welcome to have a look through any, or all of the Units by appointment.

THE TERRACE

The Perspex on the external wall of 'The Terrace' at the front of the Residential Care building was getting a bit poor looking as it has weathered. It has been replaced with toughened glass and now looks much smarter.

UNIT VISITOR PARKING

We are in the process of creating a parking space at the south end of the DHS Units for visitors to the Units that are in proximity to that area of the Village. In putting the new carport in we took away some visitor parking so that's where the new parking area will be. The surface will be gravel initially, but will probably end up being sealed one day.

REAR OF UNITS 1 & 2

The back area of Units 1 & 2 have been smartened up with new concrete and screen fencing. Pat Hogan & Bernice Darcy now also have small clothes lines at their back door.

2017 ANNUAL MEETING

A further reminder that our Annual Meeting this year will be on October 9th 2017. The Guest Speaker will be Andrew Broad, the local Federal Member for Mallee. The evening will commence with dinner at 6.30pm, with the meeting to commence at the conclusion of the meal.



Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel.
All Welcome



ACTIVITIES

Christmas in July

With thanks to many residents preparation for our Christmas in July was made easy. The lovely white tree was decorated beautifully by Dina and others and the decorations and lights twinkled in the winter sun in Riverside Lounge. The hostel was visited by two amazing Christmas fairies aka Carol and Mel who gave each resident and some visitors sweet gifts as well as hugs and kisses. Bec Livingston and her two lovely daughters Courtney and Monique sang carols as well as a couple of solos. Thanks to the team in the kitchen for a fabulous lunch. Yvonne, as usual produced a delicious meal, including turkey and pudding. All these treats were washed down with a homemade punch as well as beer, wine and other beverages. Afternoon tea was the gorgeous Christmas cake generously donated by Julie Vallance and won in December by Soapy. It tasted amazing and brought the whole event to a scrumptious conclusion.

Ladies Day Out

Eight ladies accompanied by staff members Lynette and Jenny drove to Wycheproof for an afternoon of coffee and cake as well a mini tour of the township. The bakery was very obliging, giving us all a selection of cakes to try and wonderful coffee. After our tummies were full we drove around Wycheproof to see Dina and Mavis's previous homes. It was great to have these ladies to point out the town's highlights as we toured. The group agreed that it was a wonderful day and unanimously decided to come back in the warmer weather and enjoy the lovely outdoor seating areas of the Wycheproof Bakery.

Silver Memories Program

The silver memories program is continuing to be enjoyed by residents, both on their own televisions as well as those in foyer, teabays and sunset lounge. Activities provided through this service such as quizzes and other activities are being presented to residents mostly in the form of theme days and reminiscing sessions.

St Mary's school visit

Several residents were teamed up with pairs of students from Years 4,5 & 6 of St Mary's school in various areas of the building. The students were gathering information on how life was different for earlier generations by asking a series of questions and then noting these on their I pads. This information will then be collated with comparisons to life as a child in the 2017's and will then be shown to residents some time soon. Residents thoroughly enjoying telling their stories and then asking students about themselves. We all then shared afternoon tea and farewelled our new friends.

Resident Footy Tipping

Well the football season is drawing to a close but the excitement still continues! The leader is currently Joan Tonkin with Don Newell and Kath Onley in hot pursuit. It looks like it will go right down to the wire so stay tuned!



Above: Lynne and our two Christmas "fairies" delivering treats and also our beautiful "Christmas in July" cake.



Above: Monique & Courtney Livingston singing Christmas songs.



Above: Kath Onley and St Mary's students sharing knowledge.



Above: Dina and Maria Johnstone sharing music together.



Above: The Walsh sisters entertaining in Riverside Lounge



Above: George Browse taking visiting dog "Brian" for a ride!



Above: Yvonne Wade and Jenelle Dennis sharing a chat and a laugh.



*****UPCOMING EVENTS*****

AUGUST

- 7th August – St Mary's school visit
- 8th August – Resident/Relative Meeting 11am
- 11th August – Country & Western Day
- 14th August -Uniting Church Communion 11am
- 17th August – BBQ lunch
- 17th August - Catholic Mass 2pm
- 23rd August – Uniting Church Service 2pm
- 25th August – Mens trip to Rupanyup

SEPTEMBER

- 11th September -Uniting Church Communion 11am
- 12th September -Resident/Relative Meeting 11am
- 21st September – BBQ lunch
- 21st September – Catholic Mass 2pm
- 27th September -Uniting Church Service 2pm
- 28th September – Footy Finals Day & Lunch



Birthdays



AUGUST

- 31st August – Janice McArthur

SEPTEMBER

- 10th September – Joan Smith
- 20th September – Dina Johnstone
- 23rd September – Gerard Hogan
- 25th September – George Browse
- 25th September – Yvonne Wade



Happy Birthday to you all!

