



Goodwin Village

Newsletter April/May 2017

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CARE MANAGER REPORT

We welcome Bill and Lois Pettifer to our hostel this month. May we all assist them in moving into residential care with our friendship and care.

Our sympathies are with the Browse, Sorenson and Richards families with the loss of their loved ones, Babs, Don and Gordon. It had been a pleasure to provide care to these residents over varying lengths of time. Their company was enjoyed by all.

Thanks to the families who were able to attend the Goodwin Village Friends afternoon tea in March. The feedback was very positive and once again we invite you to join us on the 21st April. It is wonderful for us to share with the families our friendship and happiness.

The Autumn has so far been outstanding weather with warm sunshine and cool nights for sleeping. Our current most popular activity has been our morning group walks. At 9.45 am a call goes out for all interested residents to meet in the foyer and head out with 1 – 2 staff members for a lap of the village and then inside for morning tea. Up to 12 people at a time have taken this opportunity. Some residents still choose to walk at their own time and pace. We support this activity to maintain each and everyone's health and wellbeing. Nothing like a bit of fresh air to get us all chirpy and happy in the morning.

Happy hour on Friday now includes a happy joke! We share a joke over the speaker system and there is always a giggle or two. Anyone who has a short funny yarn to share we are more than happy to use this. Just pass it to the office staff and they will ensure it gets into the right hands.

A busy few months is upon us with Optometrist, Dentist, Audiologist, Podiatrist and Physiotherapist all making visits. If you feel you have missed out on any of these services and you wish to access them just let Di know in the office and we will try to accommodate this.

Lynne Walsh
Care Manager





BOARD NEWS

MAINTENANCE BUILDING

The new maintenance building is complete. A new work bench and some shelving is all that is required to complete the project.

LEVEE BANK

The Byrne Street, Camp Street and Goodwin Village levee banks have all gone out to tender. The tenders closed in early April. The specified completion date is the end of June 2017 so things should be on the move very soon.

SILVER MEMORIES

Silver Memories radio broadcasting through channel 400 on the residential care residents televisions, is proving to be quite popular.

NEW UNIT RESIDENTS

We have had quite a bit of recent interest in some of our vacant Independent Living Units, over the early part of 2017. We welcome Pat Hogan into Unit 1, Stewart and Joyce Hollis into Unit 36, and Ray & Shirley McRae into Unit 27.

TECHNOLOGY TUTORING

We are trialling some tutoring in technology from Mr. Bruce Hunt and Mrs Pat Osborne. Village residents with iphones, android phones, ipads, tablets, personal computers or laptops that need help in using them will be welcome to attend. The first session day is 9th May at 1045. All welcome!

2017 ANNUAL MEETING

This is not until October 9th 2017, but we have confirmed Andrew Broad the local Federal Member for Mallee will be the Guest Speaker for the evening. Please keep that date free.

UNANNOUNCED VISIT FROM QUALITY STANDARDS AGENCY

We had an unannounced visit from an auditor of the Quality Standards Agency to our residential aged care facility on the 16th March 2017. He was pleased with our care and quality systems. Thanks to Julie Vallance for her continued vigilance and supervision of our quality systems.

AGRESSION IN THE WORKPLACE

During a recent workplace inspection by Worksafe it was mentioned that some Victorian hospitals and aged care facilities have experienced aggressive incidents (verbal & physical) towards their staff, on their premises, by resident or patient visitors. That is something we have not seen at Goodwin Village. We have no tolerance for such behaviour and any perpetrators wouldn't be given future access to our facility.



Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel.
All Welcome



ACTIVITIES

Autumn has arrived and the leaves are beginning to turn but as always our residents at Goodwin Village have been busy with many varied activities.

Two bus trips have been enjoyed over the last couple of months. The first was to see the wonderful silo paintings at Sheep Hills. The silo art trail over the Wimmera Mallee has become a real tourist attraction. After looking at these beautiful Sheep Hills silos we can certainly see why they are so popular.

The second bus trip was to the wonderful “Spanner Man” near Boort. This gentleman very generously told us all about his work and the hours and hours of toil that it entails. It was fascinating to see all of his sculptures and everyone enjoyed the opportunity to see his amazing artwork. These bus trips are always a highlight for those able to attend and we really appreciate our volunteer bus driver Marion Bayles. Marion is always willing to join in our outings and we thank her for her time and cheery smile.

We like to celebrate all types of occasions at Goodwin Village and Shrove Tuesday or Pancake Tuesday was no exception. We also encourage residents to participate if they wish and cooking is something that many people like to join in with. Lynette was happy to have help from several people preparing the delicious pancakes on this particular day. Don Newell was seen hard at work beating the pancake batter and the finished pancakes were delicious topped with jam, sugar or simply butter...yum!

There is one particular “resident” at Goodwin Village that always brings a smile to our faces and that is “Winnie” our resident cat! This feline is often seen strolling through the village and is more than happy to sleep in a residents lap as they sit outside Riverside Lounge. Many residents enjoy Winnie’s company in our lovely outdoor areas.

Well once again the AFL season has begun and of course that means our footy tipping competition has also commenced. Residents enjoy studying the teams and their form before carefully picking their winners each week. Good luck to everyone who participates in these competitions and may the best teams and tipsters win!



Above: The beautiful Sheep hills silo art.



Above: Our busload of happy travellers ready for a day out.



Above: The “Spanner Man” near Boort.



Above: Everyone enjoying a packed lunch at the Boort lake.



Above: Marion and Stuart inspecting one of the sculptures.



Above: Another wonderful sculpture made of spanners!



Above: Don hard at work whipping up pancakes!



Above: Hettie having a cuddle with our resident cat “Winnie”



Scholl shoes are now available at Donald Mensland! Sascha will be more than happy to help residents or families looking for suitable footwear.



Wimmera Eyecare Mobile Optometrist will be visiting Goodwin Village on 3rd May. Please ring hostel office for more information.



The free newspaper "Seniors" is now available in the hostel foyer for all Goodwin Village residents.



Please note the newsletter will now be delivered via email to all those that have supplied their email addresses. Thank you.



*****UPCOMING EVENTS*****

APRIL

- 4th April – Resident/Relative Meeting 11am
- 10th April -Uniting Church Communion 11am
- 11th & 12th April – Dental visit
- 24th April – Uniting Church Service 2pm
- 27th April - Catholic Mass 2pm

MAY

- 2nd May -Uniting Church Communion 11am
- 3rd May – Optometrist visiting
- 9th May -Resident/Relative Meeting 11am
- 16th May – Blumes fashions visit
- 18th May – BBQ lunch
- 18th May – Catholic Mass 2pm
- 24th May -Uniting Church Service 2pm



Birthdays



APRIL

- 28th April – Isabel McNally

MAY

- 8th May – Ron Falla
- 18th May – Pat McKenzie
- 21st May – Nola Howley



Happy Birthday to you all!