



Goodwin Village

Newsletter Aug/Sept 2016

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CARE MANAGER REPORT

We have had a variety of emotions within the hostel over the last months. The accreditation process was conducted and we were successful in being compliant in all 44 Outcomes. The time, work and effort in maintaining this high standard is paramount to our ongoing viability. The Australian Aged Care Quality Agency visit every 3 years for a full assessment of our facility. They ensure that Residents needs are met with the best possible outcome for their health and lifestyle well being. We are proud to be able to provide this at Goodwin Village to such a high standard.

We recently had the sad passing away of Iris Hardingham, Dorothy Adams, Peg Baker and Roy Martin. These people were friends to all residents and staff. We send our condolences to the loving families of these four well respected residents.

On a happier note we welcome new residents, Isabel McNally, Joan Tonkin and Mary Nolan. We also welcome new staff member Trish Anderson to the Food and Domestic team. They are sure to enjoy their time at Goodwin Village amongst the residents and staff in our fun filled friendly environment.

The Dietician has reviewed our menu and found it to provide a nutritious and appropriate diet for our residents. This assessment is completed annually and if any changes eg. more fibre rich products needed, the cooks act and include these into our already comprehensive menu. Residents have input into the menu through the residents meetings or general discussions with the cooks.

Allied Health is an important part of our care to residents. We have regular visits from private physiotherapists, speech pathologist, optometrists and dentists. This ensures all residents have all health care needs assessed and managed to ensure quality of life is maintained.

The winter is coming to an end and we are all very thankful although very appreciative of the beautiful rains. The sun has started shining and the flowers (and weeds) are starting to come on.

-Lynne Walsh
Care Manager

"There was a review on aging people and housing and the folks went into an older mans place. He was a cheeky man getting on in age and quite frail. They were asking what services he might like, would he like someone to come in and make his bed every morning? He said, "Oh no. Let that lot in to make up your bed and next thing you know they're making up your bloody mind!"

"Extract from Hazel Hawkes Little Bit Of Magic"





BOARD NEWS

UNITS

Units 27 & 36 in Richardson Heights are still available and can be inspected at anytime by appointment.

MAINTENANCE BUILDING EXTENSION

The Maintenance Building plans were finalised. The project also involves building some undercover parking for the Department of Human Services (DHS) Office of Housing Units. The DHS approved our proposed building works and approved a \$5,000 contribution. We have advertised for tenders for the project and these close early in September.

FLOOD LEVEE DESIGN

The flood levee design work is approved and is ready to go to tender.

GENERATOR

The work on the generator site preparation has commenced. The generator is to be located on the north end of the plant room. The installation should be completed during September or early October.

NEW CAR

We recently purchased a new car. We traded in our Holden Astra on a new Nissan X-Trail SUV from Michaels of Donald. As the car seating is higher off the ground, it is suiting many of our residents to get in and out of.

NEW RIDE-ON MOWER

We have ordered a new John Deere ride-on mower from Emmetts in Rupanyup.

REAR OF UNITS 1,2,3,4, & 10,11,12.

Work on this project will be commencing soon.

ACCREDITATION VISIT

We had a successful accreditation visit, and were considered to have met all 44 quality outcomes.



**Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel.
All Welcome!**

Please note the newsletter will now be delivered via email to all those that have given their email addresses. Thank you!



ACTIVITIES

What a busy place has Goodwin Village been over last couple of months! Residents have enjoyed lots of wonderful food and entertainment. Firstly with the fantastic High Tea where they were treated to amazing fare – lemon tarts, chocolate delights, beautiful sponge cakes and tempting savouries served on delicate china and glistening silver.

Issi Dye was our next treat, where he entertained us with some golden oldies to tap our toes and sing along to. The theme was Christmas in July and we were joined by our friends from PAG and also the units. Our display tables in Riverside Lounge have also been overflowing with interesting items. We have had a “Floral Friday” theme with flowers, bags, chinaware, clothing and other floral themed nick knacks. This was followed by the “Horse” theme presented by Jenny G and Glenda B. Watch this space for our next interesting display of International Dolls! Glenda Broughton also took residents on the virtual road to China with photos and stories following her and Murray’s wonderful holiday. It was very interesting and their take home message was ‘It was wonderful but appreciate Australia!’

Shoot n Shuffle, Chair Chi and pampering days are still favourite activities and we exercised in preparation for the Rio Olympics. Our own mini Olympics day was great fun for all. Residents each passed along the Olympic torch and Dina Johnston lit the cauldron. Tunnel ball, volley ball, netball, ribbon displays and discus were but a few of the competitions and everyone took home a Gold medal! Each resident represented a past Olympian and we learned of their achievements and reminisced of their achievements. News of the footy tipping which is being hotly contested will be in the next Newsletter so stay tuned!!



Above: The Queen (aka Marion Bayles) arriving with her pedigree pooch! Above: Some of our scrumptious High Tea delicacies.



Above: Marj Hose, Kay Geddes and Betty McMillan at our High Tea.



Above: Dina Johnstone sharing a cuppa with some of her family.



Above: Issi Dye entertaining with all our old favourite songs.



Above: Issi Dye having fun with some of our PAG friends.



Above: Tom Cantwell wearing his "gold medal".



Above: Lynette Bertalli and Mary Green carrying the Olympic torch together.



The free newspaper "Seniors" is now available in the hostel foyer for all Goodwin Village residents.

All electrical items e.g. lift chairs, shavers, lamps etc. must be given to staff for testing and tagging before resident use. Thank you.

Goodwin Village OH&S Representative

Goodwin Village now has its own website - "www.goodwinagedcare.org.au". All residents, families and anyone else interested in making use of our services on offer are invited to check out our site!



A young grandson asked his grandfather how old he was. The grandfather teasingly replied, "Well I'm not exactly sure how old I am!" The little boy advised, "You will have to look in your underwear Grandpa. Mine says I'm 4 to 6"!!

The older gentleman said to his friend, "Harry...my memory is going so I changed my computer password to "incorrect". That way when I type the wrong password the computer will tell me "your password is incorrect"!!

Due to a job transfer, Brian moved from his hometown to New York City. Being that he had a very comprehensive health history, he brought along all of his medical paperwork, when it came time for his first check up with his new Doctor. After browsing through the extensive medical history, the Doctor stared at Brian for a few moments and said, "Well there's one thing I can say for certain, you sure look better in person than you do on paper!"



"My doctor told me to avoid any unnecessary stress, so I didn't open his bill."



***** UPCOMING EVENTS *****

AUGUST

- 8th August -Uniting Church Communion 11am
9th August – Anglican Church Service 2pm
10th August – Resident/Relative Meeting 11am
18th August – BBQ Lunch
18th August - Catholic Mass 2pm
19th August – Auxiliary Entertainment 2pm
24th August – Uniting Church Service 2pm

SEPTEMBER

- 1st September – Bus Trip
5th September – Uniting Church Communion 11am
13th September - Resident/Relative Meeting 11am
13th September -Anglican Church Service 2pm
15th September – BBQ Lunch
15th September – Catholic Mass 2pm
16th September – Auxiliary Meeting 2pm
28th September – Uniting Church Service 2pm



Birthdays



AUGUST

- 31st August – Janice McArthur

SEPTEMBER

- 10th September – Joan Smith
16th September – Dorothy Geddes
20th September – Dina Johnstone
25th September – George Browse
25th September – Yvonne Wade

Happy Birthday to you all!

