



Goodwin Village

Newsletter June/July 2016

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CARE MANAGER REPORT

Winter is upon us in its true old fashion form. Rain, frost and cold temperatures. None of us are complaining as we do appreciate a true winter with some valuable rain. It has taken some of the deciduous trees a bit longer to acclimatise, with some just turning into their autumn glory now.

We were all saddened by the passing away of long time resident Heather Leith. Our deepest sympathy goes out to Jenny McGillvary and her family at this sad time.

Dorothy Adams has recently moved into Goodwin Village and we welcome her to our fun filled active and safe environment. Dorothy and her family are sure to enjoy the friendship at Goodwin Village.

Barb Whiteford has joined the staff in a Registered Nurse Clinical Role. Barb had a quick unplanned orientation as she commenced duty on the day I was planning to orientate her to her new role but I was unable to be present. However Barb took on the challenge and has made her way through her first month. Once we have completed Barbs full orientation she will settle in more comfortably with the facility, staff and residents.

I have had some unexpected leave over the last 6 weeks. I have now returned on reduced duties for a while but am so pleased to be back caring for all residents and working with the wonderful staff at Goodwin Village.

We have received a date for our 3 year accreditation, which is early August. All residents and families will be advised shortly of this event and their participation. Judy Redmile our Accreditation Consultant has made a visit and is very pleased with our ongoing processes to maintain our Accreditation Standard. Julie Vallance is putting in some extra time and effort leading this process and is well supported by all Staff. Accreditation involves everyone, not just a select few.

Rug up and smile for the next few cold wintery months.



Lynne Walsh





BOARD NEWS

UNITS

Units 27 & 36 in Richardson Heights are still available and can be inspected at anytime by appointment.

MAINTENANCE SHED EXTENSION

The maintenance shed plans have been finalised and we have forwarded a copy to the Department of Human Services (DHS) Office of Housing for their information and comment. Once they have hopefully approved the project, documentation will be submitted to the Buloke Shire Council to obtain the required permits which will allow the project to go ahead.

FLOOD LEVEE DESIGN

The design of the flood levees is completed. The Donald Flood Committee are currently finalising with the Engineers (Price Merrett Consulting) the best way to go about the levees, so that they can minimise their impact on pedestrians, vehicles and any people that live and use the space around the levees.

GENERATOR

Goodwin Village was successful in obtaining a grant to fund the purchase of a generator from the Victorian State Government. This was unusual because our funding is generally through the Commonwealth Government. The State Government wanted to protect aged care facilities power requirements if power infrastructure was ever damaged by bushfires. The Buloke Shire was considered a low risk for this, occurrence and therefore has been included in one of the final stages of the funding program. The new generator will be large enough to run the whole residential aged care facility's power needs. Our current generator that was purchased more than 15 years ago only runs our essential services – call system, computers, security system, auto doors, and some lighting. The increase in the reliance on electrical care equipment over time has meant that a power failure's impact has become more significant on care routines. As the new generator will run all electrical appliances, it will provide increased stability to the operations of our residential aged care building during power outages.

REAR OF UNITS 1,2,3,4, & 10,11,12.

Originally the Board intended to phase in the upgrade of the areas at the rear of Units 1,2,3,4,10,11,12 over a three year period. The organisation is now in a position to do all units at the one time. This will result in a saving in the total cost of the upgrades.

ACCREDITATION VISIT

All residential aged care facilities are subject to an accreditation process which is conducted by the Commonwealth Aged Care Quality Agency. Accreditation is maintained by successfully undergoing an examination of organisations systems, every three years by the quality agency as well as a series of unannounced visits in between. Goodwin Village is due for a three year appointed visit on Tuesday August 2nd and Wednesday August 3rd 2016. Any stakeholder of our organisation, including residents and their families are most welcome to talk to representatives of the Quality Agency during this visit.



Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel
All Welcome



ACTIVITIES

It's certainly been a very busy time here at the Village. Residents have had lots of visitors and quite a few outings, keeping them fit and healthy for the cool days ahead. We have enjoyed our usual activities of footy tips- well done Iris Hardingham you are still way on top of the ladder, shoot n shuffle and of course bingo, with the allure of chocolates and other sweets as prizes. There is always lots of colour in Riverside Lounge. Every few weeks our display corner changes. "Purple Day" was fun with staff and residents alike dressing in tones of purple. With the Biggest Morning Tea came a theme of yellow and the display table changed to items depicting this and included jars of lemons, yellow books, scarves and teapots to name a few. Currently our display is in honour of the Queen who turned 90 this year. To celebrate we will host a High Tea on Friday 1st July and the theme will be pink. We will have lots of beautiful cup, saucer and plates in this colour along with many other items – even a pink puppy!

The Cancer Council Biggest Morning Tea was a great success with over 60 people attending and raising \$464 for cancer research. This is such a worthwhile cause and we sincerely thank all who attended. Raffle prize winners were Father Eugene, MaryAnne Paris, Betty Newell and Janice McArthur. Lucky door prize went to Doreen Nunn.

Another popular event was a Ladies Day Out. Jenny and Lynette escorted several ladies in the village cars to Horsham. Lunch at the newly refurbished Horsham Golf Club was superb with a great view of the greens and their ladies day golf. We then had a tour of the town including the amazing homes built along the river and finished off with a bit of retail therapy and cappuccinos. Many are counting the days until the next outing! Blumes fashions visited us recently for an in-house shopping afternoon. They had a wonderful selection of clothing suited to many of our ladies. Several garments were purchased and they kindly provided us with two vouchers to raffle. The winners were Betty Newell (actually Don was the winner!) and Fran Drum – congratulations to you both!

Our monthly event of resident and staff morning tea with Bev Gilmour and some her "village singers" was once again enjoyed by all. Bev Gilmour and Harold and Jan Flett are regular singers on this most rewarding morning. There are always lots of smiles, laughter and participation in this and we look forward to this each month. In June we followed up with an afternoon's entertainment from the Year 5 & 6 students from St Marys. They performed several dances, including the Macarena, the Polka, the NutBush and others. There were many smiles and lots of toe tapping during this event. The students then chatted and asked residents about their experiences at dances in the past – what they wore, where they danced and what type of dancing they enjoyed. This was a most positive and rewarding afternoon for both students and residents and we invited them to return in the future. Many residents attended our recent "Movie Time" where we watched "The Secret Garden". This was a very moving story of children who showed their peers that you should never give up. Thanks to Tracey Pearse for the DVD –we all loved it.

Auxiliary Entertainment is always an afternoon to look forward to and this month was no exception. Judith Hines from StArnaud played piano to accompany the amazing voices of her group of singers, Kathy Vallance (nee James) sang and played guitar as well as performing her ever entertaining poetry. Donna, a recent arrival from America, played flute and sang with what some described as "the voice of an angel". The choirs beautiful harmonies amazed the audience and left them spellbound. It was truly a fabulous afternoon's entertainment!



Above: Some of our residents busily colouring in our popular new "mindful colouring" books.



Above: Don Sorensen and Marj Hose both celebrating their birthdays. Above: Some of our happy visitors for the Biggest Morning Tea fund raiser.



Above: Marion B, Judy Tudor and Hilda Fraser sharing a cuppa for a good cause. Above: Hettie, Fran and Jean donating to the Biggest Morning Tea.



The free newspaper “Seniors” is now available in the hostel foyer for all Goodwin Village residents.

All electrical items e.g. lift chairs, shavers, lamps etc. must be given to staff for testing and tagging before resident use. Thank you.

Goodwin Village OH&S Representative

Goodwin Village now has its own website - “www.goodwinedcare.org.au”. All residents, families and anyone else interested in making use of our services on offer are invited to check out our site!



***** UPCOMING EVENTS *****

JUNE

- 6th June -Uniting Church Communion 11am
- 14th June – Resident/Relative Meeting 11am
- 14th June – Anglican Church Service 2pm
- 17th June – Auxiliary Entertainment 2pm
- 22nd June – Uniting Church Service 2pm
- 23rd June - Catholic Mass 2pm
- 23rd June – BBQ Lunch
- 24th June – Unit Residents Tea
- 30th June – Bus Trip

JULY

- 1st July – Windsor High Tea 2pm
- 4th July – Uniting Church Communion 11am
- 8th July – Izzi Dye Entertains! 2pm
- 12th July - Resident/Relative Meeting 11am
- 12th July -Anglican Church Service 2pm
- 15th July – Julian Smith performance 2pm
- 21st July – BBQ Lunch
- 21st July – Catholic Mass 2pm
- 22nd July – Unit Residents Tea
- 27th July – Uniting Church Service 2pm



Birthdays



JUNE

- 5th June – Marjory Hose
- 5th June – Don Sorenson
- 24th June – Therese Brennan

JULY

- 9th July – Fran Drum
- 15th July – Don Sorenson
- 31st July – Mary Green

Happy Birthday to you all!





"For some time, my wife's had this ridiculous idea that I'm playing too much golf. Actually it came to a head at about 11.30 last night. She suddenly shouted at me, "Golf, golf, golf. All you ever think about is golf." And to be honest it frightened the life out of me... I mean, you don't expect to meet somebody on the 14th green at that time of night!"

- Ronnie Corbett R.I.P.

A man asks a farmer near a field, "Sorry sir, would you mind if I crossed your field instead of going around it? You see, I have to catch the 4:23 train."

The farmer says, "Sure, go right ahead. And if my bull sees you, you'll even catch the 4:11 one!"

A team from the Australian Aged Care Quality Agency will be visiting Goodwin Village on 2nd and 3Rd August to assess quality of care. Families and representatives are welcome to speak to these assessors and be assured your conversation will be confidential.