



Goodwin Village

Newsletter April/May 2016

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CARE MANAGER REPORT

We have had a busy month in this beautiful Autumn sunshine. Residents are beginning to form well established gardens outside their window. Janice McArthur, Kath Onley, Dina Johnstone, Marj Hose and Jean Pearse have been working or coordinating busily in making our external areas full of colour, texture and fun. You are all invited to take a walk around the building to view these areas along the external walls. I must also mention Elsie Gilson's ongoing commitment to the Goodwin Village resident garden on the cart outside Sunset Lounge. A big thankyou goes to all the residents who donated to the Royal Childrens Hospital appeal. We collected a grand total of \$220.70. This was a great effort and much appreciated.

Goodwin Village does not normally have a lot of staff change over, yet these last few months 3 staff have moved on and 2 new staff commenced. Debbie McLennan, Kerryn Bouchier and Lorraine Torney have moved on from Goodwin Village and have positions in Lakes Entrance, Geelong and StArnaud. These 3 have been very loyal staff members ranging from 16 to 8 years and we wish them well in their new ventures.

Then we have attracted our first male carer – Damon Bryce and return carer Melinda Jardine after a 4 year break. They have both taken on the fun filled environment at Goodwin Village with passion.

Mrs Pix Crone has moved to Riverview for extra care and Mrs Peg Baker is now residing with us. We welcome Peg and are sure she will enjoy her time with us.

Dina's Garden



- **Lynne Walsh**
Care Manager



Families are asked to give any new clothing for residents to a staff member so that it can be named please. We also ask that when visiting they first speak to staff and then check the current un-named clothing pile. Thank you. ☺



BOARD NEWS

UNITS

Units 27 & 36 are still available and can be inspected at anytime by appointment.

MAINTENANCE SHED EXTENSION

The finalising of the plans is taking much longer than we would like. This is the major hold up of the whole project. The Draftsman has been away recently, but we are expecting completion of the plans in May.

FLOOD LEVEE DESIGN

With the design of the levees basically completed the Flood Committee are finalising with the Engineers (Price Merrett Consulting) the best way to go about the levees so that they have minimal impact on pedestrians, and the people that use the space around the levees.

DENTAL CLINIC

The mobile dental clinic MDCA came to Goodwin Village in early April. The visit saved 16 residents from having to travel to a dental service. Goodwin Village paid for the travel and accommodation of the dentist and his nurse. We are hoping to make this visit an annual thing around the same time of year so that residents can organise themselves around the visit.

WALKING TRACK

Goodwin Village was able to secure a work team for a few days that was being funded by the North Central Catchment Management Authority. The team planted some trees, and did some landscaping as well as helped construct a walking track connecting the East wing to the South wing of the residential care building.



Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel
All Welcome



ACTIVITIES

Easter was a special celebration at Goodwin Village with the early arrival of our ever reliable Easter Bunny. She presented residents with amazing Easter gifts and photos of everyone were taken as a memento of this visit, by our resident “photographer” Dina Johnstone.

The beautiful Autumn weather of late has been the perfect opportunity for our extra activities staff member to ensure all our residents get to enjoy the sunshine and lovely garden areas. There have been many outings by foot, by car as well as wheelchair to explore our local area or perhaps just share a coffee with friends.

The Edinburgh Military Tattoo was recently held in Melbourne and two lucky staff, Maree and Lynette, were lucky enough to attend. They very kindly brought back a video and photos from this wonderful event and shared it with our residents. Everyone thoroughly enjoyed listening to the swirl of the pipes especially our resident Scottish folk, Babs and George Browse. Jean Pearse’s very talented grandsons were part of the performance and it was a pleasure to watch their musical prowess.

Well the football season has begun again and so has our ever popular footy tipping competition. Everyone loves trying to pick the winning teams and it’s not always the men who know the game best! It’s only early days but the current leaders are Iris Hardingham, Don Sorenson and Dina Johnstone.

We continue to enjoy visits from Bev Gilmour and the village singers every third Tuesday morning, for a sing-a-long for residents and staff. The old tunes bring back memories and there is always lots of enjoyment and laughter, especially as we hit the high notes!

Acky Adamson and Mick Reekie always do a wonderful job on keeping our many lawns and garden beds looking tip top. Residents are also welcome to maintain their interest in gardening by tending other areas if they wish. Don Sorensen has just begun to work on our hi-rise garden bed near Riverside Lounge. His green thumb has been hard at work putting in vegetables and other plants.

We always enjoy visits from Friends of Goodwin Village and last week we also shared their entertainment with our friends from PAG. An afternoon of cards and other games was a wonderful way to reunite with old friends and make new ones. There was lots of laughter and chatter, not to mention a delicious afternoon tea as always!

We like to try and think of many varied activities that will suit all our residents but this can often be somewhat of a challenge. Men are sometimes not interested in craft or cooking, so we decided to offer a men only BBQ every month or so. This is held outside, often down by the river if possible. Many jokes and tall tales are shared as well as sausages, chops and a beer or two. The laughter is contagious and it’s only a brave woman who goes down and tells them it’s time to come home!

We have recently been fortunate to receive a donation of a fabulous sewing cabinet from Mrs Phil Broughton. This will be put to good use housing our sewing machine and all its assorted items. Many of our ladies have had years of experience sewing for their friends and families so we look forward to utilising this handy item and it is most certainly appreciated.



Above: Mens BBQ down by the river.



Above: Our new sewing cabinet which was kindly donated.



Above: Don Sorenson tending to his new garden area.



Above: Dina Johnstone and Kim getting up to some Easter fun!



Above: Fran Drum receiving her gift from our ever reliable "Easter Bunny".



Above: Friends enjoying card and board games for the social afternoon.



The free newspaper "Seniors" is now available in the hostel foyer for all Goodwin Village residents.

All electrical items e.g. lift chairs, shavers, lamps etc. must be given to staff for testing and tagging before resident use. Thank you.

Goodwin Village OH&S Representative

Goodwin Village now has its own website - "www.goodwinagedcare.org.au". All residents, families and anyone else interested in making use of our services on offer are invited to check out our site!



*** UPCOMING EVENTS ***

APRIL

- 4th April -Uniting Church Communion 11am
- 5th April – Anglican Church Service 2pm
- 12th April – Resident/Relative Meeting 11am
- 15th April – Auxiliary Entertainment 2pm
- 21st April - Catholic Mass 2pm
- 21st April – BBQ Lunch
- 27th April – Uniting Church Service 2pm
- 28th April – Bus Trip
- 29th April – Unit Residents Tea

MAY

- 2nd May – Uniting Church Communion 11am
- 10th May -Anglican Church Service 2pm
- 10th May - Resident/Relative Meeting 11am
- 19th May – BBQ Lunch
- 19th May – Catholic Mass 2pm
- 20th May – Auxiliary Meeting 2pm
- 25th May – Uniting Church Service 2pm
- 26th May – Ladies Day Out
- 27th May – Unit Residents Tea



Birthdays



APRIL

- 12th April – Babs Browse
- 19th April – Iris Hardingham
- 25th April – Wally Leith

MAY

- 18th May – Pat Mackenzie

Happy Birthday to you all!

