



Goodwin Village

Newsletter Feb - March 2016

Website: www.goodwinagedcare.org.au

Email: goodwin@goodwinagedcare.org.au

CARE MANAGER REPORT

The summer is still embracing us with high 30oC temperatures. However the beautiful rain in recent weeks was welcomed by all. Our sunset garden cart is also flourishing thanks to the ongoing care by unit resident Elsie Gilson.

We have sadly lost one of our dear residents Jean Milne recently. Jean had spent 3 years at Goodwin Village and will be missed. We had great support from her family and friends during her stay.

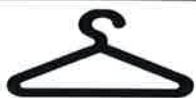
We now welcome Therese Brennan, whom has made Goodwin Village her home. Therese is sure to enjoy her new home with the many friends and visitors that are around her.

New staff on board are Leonie Labiran, who is a Personal Carer/Domestic. Leonie's children go to school in Donald and the family will soon be moving into a home in town which will make school and work easier to get to. We also welcome Melinda Jardine back to Goodwin Village as a personal carer.

Most staff have now finished their holidays and are back into the swing of things.



- **Lynne Walsh**
Care Manager



Families are asked to give any new clothing for residents to a staff member so that it can be named please. We hope this will prevent misplaced clothing. Thank you. ☺



BOARD NEWS

UNITS

We welcome new Unit residents John Storey, Merle Drum and Judy Leith into units 1, 11 & 37. We hope they enjoy their time at Goodwin Village. Units 27 and 36 are currently available and can be inspected at anytime by appointment.

MAINTENANCE SHED EXTENSION

We are still waiting for the finalisation of plans for the extension of our maintenance shed. Once we have the plans we will commence discussion with the Department of Human Services to ensure that they endorse what is to be done in that area of the Village. Then will come the building permit etc. so it is becoming obvious that we are a way off starting the actual building of the shed extension.

RICHARDSON HEIGHTS ROAD EXTENSION

The Board has had the plans for the proposed extension to the Richardson Heights Road drawn up. Consideration must be given now as to the best material to use for the road surface, and the drainage of the road and surrounding areas. We are waiting to have a meeting on site with the designing engineer, to finalise all aspects of the road design, and when this is complete we will be able to get all of the necessary permits to commence the project.

FLOOD LEVEE DESIGN

Price Merrett Consulting have finished the levee bank design for the town of Donald. Goodwin Village is particularly interested in the protection they have recommended for east and north boundaries of our site. The design engineers have taken on board the comments of the local flood committee and are now in discussion with other interested parties before finalising the project for tendering.

DENTAL CLINIC

We are still waiting for the mobile dental clinic people MDCA to confirm a date for their visit. When we have this we will circulate a flyer to all residents to invite them to the clinic. This should suit anybody that is not wanting to travel outside the Village for dental services.

**Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel
All Welcome**





ACTIVITIES

Well Christmas 2015 is now done and dusted but we all remember the exciting time from the 1st day of December when the tinsel and decorations went up, til the onerous task of packing it all away in early January! The school visits for Christmas were a real highlight. Grade 2 Donald Primary performed and kindly gave hand made gifts of beautiful dove decorations to residents. The entire St Mary's school also visited and delighted everyone with songs, laughter and beautifully decorated boxes of sweets. These visits from children really brighten our days and nothing cheers folk up as much as the laughter of youngsters!

All hands were on deck for the making of the annual puddings and Christmas cake, and a bowl or two may even have been licked! The staff/resident luncheon was once again a wonderful day with another cheerful visit from Santa and Mrs Claus. The Auxiliary joined us for a lovely celebration and very generously presented residents with some new Karaoke DVD's. These are really enjoyed by all, especially at our weekly Friday happy hours.

January was a less hectic but still enjoyable activities time at the hostel. Marion Bayles visited and gave residents an insight into the home of "The Spanner Man" in Boort. She displayed pictures of his giant sculptures made out of spanners. This talented gentleman has a fantastic garden filled with dozens of larger than life sculptures of mermaids, marlin and even a full sized horse!

It has been perfect BBQ weather recently and we have been taking advantage of this with monthly BBQ lunches. Most residents enjoy a snag or two and the chicken steaks are cooked to perfection by Acky and Anthony. Even when we're not really hungry the smell of a BBQ cooking always makes our mouths water!

Everyone has also been enjoying the most recent addition to our exercise regime of Chair Chi which is undertaken every second week on Thursdays. There are several favourite moves including "White Crane flaps its' wings", "Embrace Tiger" and "Return to the Mountain/Cross Hands". It's both an enjoyable and relaxing program.

The extra "one on one" activities staff member included fortnightly has also been a great introduction in recent times. This means a second activities person spends special time with individual residents, enabling them to enjoy personal interests.

Australia Day was also enjoyed at Goodwin Village with the Donald town ceremony held on our lovely Riverside Lounge lawns. We were very excited to hear Mrs Bev Gilmour announced as Donald's Citizen of the Year, as Bev is a regular visitor to us with her beautiful music.

Several birthdays have already been celebrated in this new year, so we have been enjoying lots of cake, singing and family visits over the holidays.

Everyone continues to enjoy and keep our minds sharp with storytelling, word games, hookey, bocce and various board games...there's never a dull moment at Goodwin Village!



Above: Yvonne Wade with the St Mary's students.



Above: Wally Leith sharing a laugh with Santa Claus.



Above: Dick Walsh cutting his birthday cake with friends.



Above: Citizen of the Year, Bev Gilmour entertaining us on the organ.



Above: Donald Primary students performing at Christmas.



Above: Tom Cantwell and daughter Mary celebrating his birthday.



Above: Vidya and Kim happily serving up a delicious luncheon.

Above: Residents and staff enjoying a shared Christmas feast!



The free newspaper “Seniors” is now available in the hostel foyer for all Goodwin Village residents.



**All electrical items e.g. lift chairs, shavers, lamps etc. must be given to staff for testing and tagging before resident use. Thank you.
- Goodwin Village OH&S Representative**



Goodwin Village now has its own website - “www.goodwinagedcare.org.au”. All residents, families and anyone else interested in making use of our services on offer are invited to check out our site!



***** UPCOMING EVENTS *****

FEBRUARY

- 1st February - Uniting Church Communion 11am
9th February – Resident/Relative Meeting 11am
9th February – Anglican Church Service 2pm
18th February - Catholic Mass 2pm
18th February – BBQ Lunch
24th February – Uniting Church Service 2pm
25th February – Bus Trip
26th February – Unit Residents Tea

MARCH

- 7th March – Uniting Church Communion 11am
8th March – BBQ Lunch
8th March - Resident/Relative Meeting 11am
17th March – BBQ Lunch
17th March – Catholic Mass 2pm
23rd March – Uniting Church Service 2pm



Birthdays



FEBRUARY

- 1st February – Heather Leith
3rd February – Jean Pearse
6th February – Merla McDonald
16th February – Leila Honicke

MARCH

- 30th March – Stuart McNally

Happy Birthday to you all!

