



Goodwin Village

Newsletter Oct/Nov 2015

Website: www.goodwinagedcare.org.au

Email: goodwin@goodwinagedcare.org.au

CARE MANAGER REPORT

Spring is in the air and the flowers we have planted on the Sunset Garden Cart are beginning to show their glory. By Christmas they will be spectacular show of petunias and roses. Thanks to Elsie Gilson and Joy Newell for their experienced touch to the garden.

One of our longest standing residents, Janet Haig, passed away peacefully in the hostel a few weeks ago and we send our condolences to her family and friends. Janet had resided with us for twelve years and will be sadly missed by us all.

The hostel is currently full with Respite booked up until nearly Christmas. However things may change and if anyone is in need of Respite, please call and ask, as a vacancy may have arisen.

Debbie, Jeanette, Marie, Aleta and myself attended a Dementia in Palliative Care workshop in Bendigo. This was a most informative day and we will be able to simply assist other staff in understanding this increasing care need in residential care. It is important that all understand there is a multidisciplinary approach to people with dementia.

We have had Colby Bryce working with us doing his placement for Certificate III in aged care. A young male in the place for 3 weeks has been very welcome and all are enjoying Colby's company and of course his assistance in the day to day workload.

“Science has never drummed up quite as effective a tranquilizing agent as a sunny spring day”



~W. Earl Hall

BOARD NEWS

Unit 37

The building of Unit 37 in Richardson Heights is well underway. The slab is done, frame is up and the roof is on. Hawksey has started bricking, and the plumber and electrician have started the 'rough in'. There is a bit to see, so it is well worth a drive past.

Call System

The new call system has been installed in the residential aged care building and independent living units. The system is proving to be an improvement on the old one.

Richardson Heights Road

The Board is currently investigating the best way to extend the Richardson Heights Road between Units 35 and 36. This will give the organisation an opportunity to build some more units.

Harry & Bev Payne's Send Off

This was well attended by many within the community and we wish them both well in their new home.

Trees in Richardson Heights

The Board is looking to plant more trees and shrubs in Richardson Heights.

Annual Meeting

The Goodwin Village Annual Meeting will be held on Wednesday 28th October 2015. It will be a dinner meeting this year commencing at 6pm. The meeting itself will commence at 7.30pm. Guest speaker for the evening will be a representative of the East Wimmera Health Service and they will be speaking about the Healthy Lifestyles Achievement program. The Donald community are most welcome to attend this meeting.

Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel



All Welcome



The free newspaper "Seniors" is now available in the hostel foyer for all Goodwin Village residents.



ACTIVITIES

There has been lots of “tripping around” for us all over the last couple of months! Firstly, Glenda Broughton took residents on a virtual trip around America, as she shared many highlights of the journey enjoyed by herself and hubby Murray. Secondly, bus driver Marion Bayles took residents to the “top of the world”, alias Mt Wycheproof, with views of the district from great heights. Thirdly, Di Jackson took us all on a wonderful musical tour of Graceland, Kentucky (whisky and all!), the Mississippi and many more grand places including the Grand Ole Opry in Louisiana.

Another wonderful trip undertaken by several residents, was to the Quilt Show in Marnoo. Four staff and three cars as well as many excited ladies made the journey and they were rewarded with a beautiful day, fabulous craft exhibition and delicious afternoon tea. It was also great to catch up with a past Goodwin Village cook, Janice Hendy, for a chat.

A lovely gesture was made recently by Les and Marie Bower’s daughter Simone, from Melbourne, who, when overhearing that the Village sewing machine “went in the floods”, kindly donated a brand new sewing machine! Les and Marie presented it to some very excited residents. Lots of chatter followed full of ideas of patchwork, craft and even the odd garment repair! The machine will certainly be humming and we thank Simone kindly for this most generous gift.

Footy finals came and went and winners of this year’s footy tipping were 1st Iris Hardingham, 2nd Kath Onley, 3rd Lorna Bradby. Unit winners were 1st Bernice Darcy, 2nd Anthony Hogan, 3rd Joy Newell. Congratulations to you all! The season finale was celebrated with a footy pie lunch, complete with handball competition – many thanks to the Donald Men’s Shed for providing us with a fabulous handball target board. June Dunstan excelled in this most challenging sport and so now we know where her grandson’s get their footy talent from! Well done!

Several Year 9 students visited us again during Community Week at D.H.S. and many of them were surprised what a great time they had and want to return at a later date to visit their newly made friends. We enjoyed having their young energetic faces around and thank them for all their work.

OAC Ministries shared their wonderful music, stories, quizzes and lots of fun on their recent visit. The residents still talk fondly of a terrific morning with the three representatives – thank you all.

Our wonderful “Friends of Goodwin Village” conducted their AGM recently and many residents were there to show support these great people. The four lovely new outdoor tables they purchased have arrived and weather permitting will get lots of use in the next few months.

Residents are still enjoying lots of word games, board games, Chair Chi/ gentle exercises, Bingo, Shoot n Shuffle and pampering...just to mention a few. Such is our interesting and busy life in Goodwin Village. 😊



Above: Admiring Goodwin Village’s new sewing machine!



Above: Acky, Nancy and Leila clowning around!



Above: Several ladies out enjoying the Marnoo Quilt Fair.



Above: Tracey and Fran Drum chatting to our retired cook, Janice Hendy.



Above: The wonderful double rainbow over Goodwin Village!



Above: David Hines entertaining us with his beautiful music.



Above: DHS students sharing the sunshine with our residents.



Above: Zac Hollis icing cakes on Spotty Day with Yvonne and Fran.



Above Left and Right : Hostel and Units gentlemen enjoying a “men only” bbq outdoors on a beautiful Spring day.



Above: Gorgeous spring roses from Elsie Gilson on the office desk. Above: Dos Geddes enjoying a visit from her lovely family.



Goodwin Village now has its own website - “www.goodwinagedcare.org.au”. All residents, families and anyone else interested in making use of our services on offer, are invited to check out our site!



Families are asked to give any new clothing for residents to a staff member so that it can be named please. We hope this will prevent misplaced clothing. Thank you. 😊



***** UPCOMING EVENTS *****

OCTOBER

- 1st October – AFL Finals Day Pie lunch
- 5th October -Uniting Church Communion 11am
- 6th October – Resident/Relative Meeting 11am
- 13th October – Anglican Church Service 2pm
- 15th October - Catholic Mass 2pm
- 16th October – Auxiliary Entertainment 2pm
- 28th October – Uniting Church Service 2pm
- 30th October – Unit Residents Tea

NOVEMBER

- 2nd November – Uniting Church Communion 10am
- 10th November - Resident/Relative Meeting 11am
- 19th November - Catholic Mass 2.15pm
- 20th November – Auxiliary Meeting 2pm
- 23rd November – Grampians Bus Trip
- 27th November – Unit Residents Tea
- 27th November – Issi Dy Entertains! 2pm
- 28th November – Uniting Church Service 2pm

Please note: The monthly resident activities calendar is always available in the communication folder in the front foyer and also on the noticeboards of the hostel for family and friends to view. ☺



Birthdays



OCTOBER

No birthdays!

NOVEMBER

- 4th November – June Dunstan
- 5th November– Lorna Sheridan
- 21st November – Dulcie Martin

Happy Birthday to you all!

