



Goodwin Village

Newsletter Feb/Mar 2015

CARE MANAGER REPORT

The hostel is currently full and our respite continues to be booked well in advance. If anyone is requiring respite care please feel free to contact hostel as vacancies do arise from time to time and this may be suitable for you.

After an extended break from meetings we have once again commenced the following meetings – Resident Relative, Staff, Medication Advisory committee, Clinical Care, Catering, Occupational Health and Safety and Activities. These meetings form part of our Quality Management System so as we continue to get ideas and feedback from staff, residents and all other stakeholders.

Happy Hour is occurring on Fridays at 4.00pm. The fun and frivolity of this hour is of great importance to the atmosphere of the hostel and comradeship of the residents and staff.

The Unit residents Happy Hour is from 5.00pm in the Meeting Room. Acky will serve the cold drinks of non-alcoholic and alcoholic variety with much cheer. Anyone who does not currently attend is most welcome to do so. If unsure of the program, just pop in to the front office and ask Gill or Di. Once a month a tea is held in Riverside Lounge for a small cost. See advertisement in this newsletter.

The Board is looking at purchasing a computerised Medication Chart System called Med-Sig. We have had a demonstration and some staff have been to Eventide in Stawell to see the system in action. This is a very exciting project that will put Goodwin Village up there amongst the most well equipped Residential Aged Care Facilities.

A successful man is one who makes more money than his wife can spend. A successful woman is one who can find such a man.



Lynne Walsh

BOARD NEWS

SOLAR POWER

The Solar Power project was completed with the system generating power since 17th October 2014. The system has produced an average of 260 kwh per day since installation. As Goodwin Village pays a total of 17.8 cents per kilowatt for power we have been reducing our power bill by around \$46.00 per day.

FLOOD COMMITTEE

The local Flood Committee continues to meet regularly to coordinate the spending of the Government Grant on the town levee banks. Goodwin Village is represented on this committee.

UNIT RESIDENTS ANNUAL MEETING & SURVEY

The Goodwin Village Unit residents Annual Meeting was held in November and was well attended by Unit residents. The unit resident lifestyle survey was completed by a large percentage of the residents, and a sub-committee of Unit residents will be meeting in the next month or so to analyse the results. This should result in some improved lifestyle programs for the residents.

DRIVEWAY INVERTS

The Board has been talking about upgrading the driveway inverts at Goodwin Village for sometime. The older Units residents had to negotiate a 'rollover' curb to access their driveway and garage. It was good to finally be able to accommodate the works for these residents in this year's budget, and to have the curbs all flattened out. The residents are happy with the finished product.

CORELLAS

The Board secured a permit to shoot the Corellas from the Department of Primary Industries (DEPI). The Board then had to secure a Populous Place Permit through Victoria Police. This has been granted subject to authorisation of all the residents in Goodwin Village – All authorisations are almost complete.

ACTIVITIES

Another new year and Christmas is a memory but we had a great time over the festive season with many visitors. Donald Primary School students gave a wonderful display of the joy of singing, performing some lively and funny Christmas tunes and several residents were seen joining in whilst others merely tapped toes and fingers with broad smiles. Students then joined us for lunch in the dining room. Thanks you also to St Mary's Primary for the lovely hand made cards and gifts they brought up for all our residents, not to mention the wonderful chats and songs. Accompanying St Mary's was their larger than life elf, aka Maree Hughes who added even more fun to the occasion.

As usual the resident/staff Christmas Party was a culinary and social success. Thank you to our kitchen staff and lots of extra hands! Santa visited and presented residents with gifts and kisses, ably assisted by Mrs Clause and her famous red lipstick! The "twelve days of Goodwin Village" was performed very professionally by Jenny, Jodie, Maree and Lynette. This was only outshone by Di Jackson's high quality singing and guitar which was accompanied by all residents. Great also to see some of our volunteers join us for the day. Jenny Guthrie's wonderful puddings were happily devoured by all who attended and the Christmas cake, made by our residents, was also a treat.

Thanks also go to our wonderful "Friends of Goodwin Village" for their lovely Christmas entertainment afternoon. We greatly appreciated their gift of five outdoor occasional tables. These will be very handy for our residents to use when they are out enjoying our beautiful gardens and surrounds. These areas are always being given lots of care by our hardworking volunteer "garden committee" – thank you all!

Brent Hogan, son of Jenny and Tony Hogan joined Goodwin Village for a week of work experience early in December. Brent was wonderful with all residents, assisting them with card writing, gift wrapping, reminiscing and wheelchair walks. His helpful manner and cheerfulness was greatly appreciated by activity staff – please come again anytime Brent!

Family visits are something we all treasure and it's lovely to see the generations spending time together as our photos show. Joan Basset's granddaughter came for a visit as did Jean Pearse's family celebrating her 90th birthday this year. Leila Honicke was another nonagenarian and her celebrations, like Jean's, lasted for several days. Happy Birthday ladies and congratulations!



Above: Fran Drum and Merla McDonald chatting with Brent Hogan.



Above: Lorna Bradby receiving a Christmas card from a student.



Above: St Mary's students performing for residents at Christmas.



Above: Donald Primary school students singing Christmas songs.



Above: "The Yuletide Elf", alias Maree Hughes, visiting the hostel!



Above: Joan Basset enjoying a visit from her granddaughter.



Above: Jean Pearse celebrating her birthday with her daughters.



Above: Janice, Nancy and Marjory enjoying ice creams on "Summers Day"

**Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel**



All Welcome

*****UPCOMING EVENTS*****

FEBRUARY

- 2nd February -Uniting Church Communion 10am
10th February – Resident/Relative Meeting 11am
19th February - Catholic Mass 2.15pm
19th February – BBQ Lunch
25th February - Uniting Church Service 2pm
27th February – “Geoffrey Graham” Entertains 2pm

MARCH

- 3rd March– Uniting Church Communion 10am
10th March - Resident/Relative Meeting 11am
19th March- Catholic Mass 2.15pm
25th March– Uniting Church Service 2pm
27th March– Auxiliary 2pm

Please note: The monthly resident activities calendar is always available in the communication folder in the front foyer and also on the noticeboards of the hostel for family and friends to view. 😊

Birthdays

FEBRUARY

- 1ST February – Heather Leith
3rd February – Jean Pearse
6th February – Merla McDonald
16th February – Leila Honicke

MARCH

- 5th March – Jean Milne
30th March – Fred Goldsmith

Happy Birthday to you all!

