



Goodwin Village

Newsletter April / May 2015

CARE MANAGER REPORT

Sunset Garden:

The sunset garden has commenced in a small way with Village volunteers caring for the newly planted pansies. We have been waiting for some larger pots to be purchased prior to a larger planting out occurring and also awaiting to hear if we are lucky enough to get some funding to assist us with this. We should know in the next 2 weeks. Stay tuned for updates.

Combine garden:

John Howley has once again been busy accessing old farm equipment. There is now a combine sitting on a bed of rocks down by the Mall walk track. This is most appropriate for this area with the gum trees all around. Take some time out and walk along this track to see the new structure.

Residents:

We welcome Dick Walsh and David Gilson to Goodwin Village. We are sure they will enjoy their stay with us. Our thoughts are with the Goldsmith family after the passing of Fred. A true gentleman at rest.

Kitchen menu review:

Dietician Jenny Bacon is currently reviewing our menu. Jenny checks all the ingredients used in our cooking and the menu plan. She will then do a report on the nutritional value of our menu and any recommendations for additions or changes to make sure it is appropriate for ageing people.

Med Sig:

Our computerised medication charts are going to be implemented in the first week of May. The staff are very excited to move into this modern technology. I would like to acknowledge that this would not be possible without the full support and assistance of local pharmacist Debbie Hook. Debbie is a wealth of knowledge and is giving us expert assistance in this change over.

Aged Care Channel online:

Aged care channel online training is commencing next week. Currently staff have to attend the facility to watch and evaluate the programs. Once this is up and running they will be able to log on at home and complete the training at any time of day or night that best suits them. All evaluation and completion of programs will be logged for our records to be maintained appropriately. Gill Sands, Di Jackson and myself are the coordinators and will be able to assist staff with ongoing training online with relevant topics chosen.

“Life is what happens to you while you're busy making other plans.”



- Lynne Walsh

BOARD NEWS

UNIT 37

The Board has decided to build a further Unit in Richardson Heights. We are finalising the documentation for the Unit, and hope to have the new unit built by Christmas.

FLOOD COMMITTEE

The local Flood Committee continues to meet regularly to coordinate the spending of the Government Grant on the town levee banks. Representatives of the flood committee and Goodwin Village visited Nathalia which is a town in the Moira Shire, that has to contend with flooding on a periodic basis. Quite a bit was learnt about temporary levee structures and their storage. As well as the management of permanent levees as well.

VILLAGE CALL SYSTEM

The Board has decided to upgrade the Village call system. The current system was installed around 25 years ago. There will be little change in the residential care building, as only the software and computer will be changed. The Units will have some changes that will incorporate some hardware connection to their phone line. DHS unit residents in Units 13 to 22 that have chosen to be connected to the Village call system will have their situation discussed with them over the next month or so.

CARE EQUIPMENT

The organisation will be installing some software and a linked “touch screen” monitor in the next few months that will make the residential care medication management system more sophisticated and more accurate. The staff have to coordinate and administer medication for almost 250 separate medication acts per day. It is expected that it will be a great assistance to the organisations medication management.

The organisation is also currently looking at upgrading some of its manual handling equipment. Some of the current equipment will not give the staff capacity to care for residents into the future, and needs to be improved.



ACTIVITIES

What a fabulously hectic time we have had in Activities over the last two months. With tomatoes abundant we just had to make a batch or two of sauce, which goes down well with lots of the great food provided by our catering staff, not to mention the terrific BBQ's cooked perfectly by Acky. Nothing compares to the delicious aroma of simmering home made sauce wafting through the passages!

We love to have fun on various theme days through our activity program. St Pat's Day was celebrated and we were all awash with hues of green. Some giant green hats, green shirts, ties and interesting costumes were worn by staff and residents and lots of fun was had by all. Friday the 13th was not forgotten either and “Black Cat Day” was enjoyed with lots of “witchies” with their brooms, hats and an added cat or two. A bocce session of “scat the cat” was invented and there was much laughter and silliness throughout the day! Our colour theme days are always fun too and our “Orange” day was no exception. A dash of orange was worn by all, so lots of bright clothing and delicious orange items to eat. Jenny and the residents produced “jellied oranges” and our cook Yvonne made a most amazing orange cake.

A trip to the Rex theatre in Charlton to see Denise Drysdale in concert was a great time out for some residents. The stage show was terrific and all who attended had a fantastic time. Thanks to Marion Bayles for kindly driving one of the cars.

Another wonderful afternoon was a display in Riverside Lounge by Bevs Baubles. It was lovely to peruse her wonderful yet quite inexpensive items and we hope to repeat this again towards the latter part of the year.

Easter followed on quickly and we were all busy making Easter baskets and chocolate treats. The hot cross buns made with the bread machine and kneaded by many, many hands were very tasty and enjoyed by all. The Easter Bunny (aka Marion) delivered chocolate bunnies to all and brought cheer to many faces. Easter would not be the same without her visits and we thank her very much for her time and effort. Thanks to our resident Dina Johnston for her lovely photos of the Easter bunny's visit taken on her Ipad – they are fabulous!

Auxiliary entertainment last week was a visit from the ever fresh Dame Edna Everage (alias Dennita Donnan) who was ably accompanied by her three back up vocalists, Tracey Pearse, Bev Payne and Brenda Brennan. We were very happy to share this lovely afternoon with our friends from PAG and other visitors.

We are always pleased to enjoy visits from any community members both young and not so young and it was wonderful recently as we listened to Monique and Courtney Livingston playing and singing their beautiful music for our residents. Anyone else interested in visiting or volunteering in any way please just give the hostel a call anytime.



Above: George Browse happily receives his gift from the "Easter Bunny".



Above: Dos Geddes and the friendly bunny on Easter morning.



Above: Lorna Bradby proudly displaying her son Keith's OAM.



Above: "Masterchef Acky" slaving over a hot BBQ!



Above: Kath Onley perusing our delicious hostel made tomato sauce.



Above: Iris Hardingham cutting her 95th birthday cake with her son Leigh.



Above: Monique and Courtney Livingston entertaining our residents.



Above: Marj Hose dressed complete with black hat for Friday the 13th!

**Unit Resident Happy Hour
5.00pm Fridays in Meeting Room at hostel**



All Welcome



The free newspaper “Seniors” is now available in the hostel foyer for all Goodwin Village residents.



***** UPCOMING EVENTS *****

APRIL

- 6th April-Uniting Church Communion 10am
- 14th April– Resident/Relative Meeting 11am
- 16th April- Catholic Mass 2.15pm
- 16th April – BBQ Lunch
- 17th April – Auxiliary Entertainment 2pm
- 22nd April - Uniting Church Service 2pm
- 23rd April – “Anzacs” movie
- 30th April – Bus Trip

MAY

- 4th May – Uniting Church Communion 10am
- 12th May - Resident/Relative Meeting 11am
- 12th May – Anglican Service 2pm
- 12th May – “Blumes” fashion
- 15th May – Auxiliary Meeting 2pm
- 21st May- Catholic Mass 2.15pm
- 27th May – Uniting Church Service 2pm

Please note: The monthly resident activities calendar is always available in the communication folder in the front foyer and also on the noticeboards of the hostel for family and friends to view. 😊

Birthdays

APRIL

19th April – Iris Hardingham

MAY

15th May – Janet Haig
18th May – Pat Mackenzie

Happy Birthday to you all!

